

## **ADRENALINE STRESS**

Adrenal fatigue

Compromised immune system

Addison's disease

Elevated blood pressure

Infertility

Depression

Vaginal dryness

Weight gain

Brain fog

Motor ticks

Twitching

Spasms

Blurred vision

Migraines

Loss of libido

Moodiness

Anxiety

Fear

A sense of being lost

Listlessness

Malaise

Paranoia

Loss of ability to trust