

## **Expanded disc explanations**

### **AA-1 Disc**

This is part of the Abundance Disc series and was the first one featured in our famous 2-day “Gateway to Abundance” St. Patrick’s Day Prosperity training we gave in 2013. We were all amazed at some of the testimonials we got back involving this disc. This disc helps people enjoy more abundance and prosperity in their lives. This disc is very scientific. It isn’t a good luck piece, or an amulet, or good luck charm, or any of that. We choose to believe that abundance does not have to be sought out or drawn into oneself. Abundance is always here with all of us. But if we have deep-seated (read subconscious) sabotage patters that we’ve accumulated through our lives (we all have these, I assure you), we will not feel we deserve abundance and prosperity. We play this game where we don’t notice or see opportunities. They teach in N.L.P that whatever we focus on expands. But what most do not understand is that we have a conscious mind and a beyond-awareness mind, sometimes called the subconscious mind. These two minds have to be congruent. Many times they are not. So how does this disc work?

Like ALL the discs, the information in the disc is actually “read” by what we call the superconscious mind. This works whether one chooses to carry the disc in a pocket, or, imprint it into a little water then placed in the mouth for 15 sec. And, like all the discs, an energy field can actually be measured that comes off the disc, carrying with it a unique collection of information, energy patterns, etc. Inside the AA-1 disc is a very special prayer that I came across a couple of years ago. It was used by a minister who shared it with people for over 40 years. He said that a week never went by that someone would call and thank him profusely for sharing that prayer, and that their lives had changed forever. Quite simply put, the AA-1 disc is a miracle worker. And remember, abundance is not just money. Any lack that you perceive in your life means there is an absence of abundance. It could involve health, money, career opportunities, better relationships, or a higher and more powerful spiritual presence and a greater sense of peace.

And lastly, I’d like to say a word about those who use the disc, have something amazing happen in their lives, then wonder if it would have all happened anyway without the disc. Obviously, this is always a possibility and I think that any normal thinking person would ask this question. But here’s the thing I have found very interesting: when someone starts using this or the other four Abundance discs, and something amazing, like having a chunk of money just drop in their laps unexpectedly, the person always says that the whole thing felt very strange. It was like a “higher hand” came down and stirred the pot a little bit and things all just came together in an easy, seamless and miraculous way. They may have been skeptical at first, but the skepticism is absent when the abundance and prosperity drops in. And here’s the REALLY funny part. The person can use the disc and have several gifts drop in. And each time the person knows absolutely in their heart that the abundance disc helped them, but the following day, the left-brain ego will step in and start convincing the person it was just a bunch of coincidences. Human Beings are complicated.

### **AA-2 Divine Order**

This disc contains the frequencies of various affirmations that deal with allowing more financial abundance into one’s life by releasing from the Biotheric Field issues of un-forgiveness, and

letting go of all those things in one's life that are "worn out", such as relationships, old habits, conditions, etc.

### **AA-3 Gemstone Prosperity**

This disc works best when carried and has been imprinted with 38 very special gemstone frequencies that all deal with various forms of prosperity. For example, Uvarovite Garnet disrupts the patterns of poverty consciousness, Green Aventurine attracts prosperity, inspiration, creativity, and imagination, and Iron Pyrite attracts one's leadership qualities.

### **AA-4 Superconscious**

This is a very powerful command frequency that basically activates a secret we refer to as, "the force of Grace". This disc can bypass a lot of the usual pathways that other forms of affirmations use. Many don't realize that the exact words and phrases used are actually specific frequencies. Have you ever tried listening to a song on the radio and after noticing it sounded a little fuzzy or "off", you simply turned the tuning knob ever so slightly and the music began booming in clear and strong? Getting more clarity simply involved a very slight, insignificant looking change. Did you know that you can have an affirmation succeed or fail by changing just one word? I've seen it happen.

I was at a workshop being presented by an amazing man by the name of Peter Inman. Peter was a fantastic shaman and spiritual healer. I saw him work, what many would refer to as miracles at more than one seminar. One day I watched him attempt to do a demonstration at a weekend workshop. He chose to work with a friend of mine. Peter had a technique that could re-align the pelvis, balance out the length of both legs, making them the same length, and many times eliminate low back pain. That is, when it was caused by the person picking on themselves. That's right! When we pick on ourselves, judge ourselves, we not only put ourselves "out of balance" with God, we actually put ourselves "out of balance" structurally. Sounds hard to believe, doesn't it, but I've seen it happen hundreds of times. And I'm not exaggerating at this point. I mean hundreds. (I learned his secret well over 20 years ago) And there is a special phrase or affirmation the person in question could say out loud and the entire posture would change instantly.

So when Peter looked at my friend's leg length they were off an inch. My friend was quite surprised because, according to him, he'd used Peter's special affirmation just that morning before attending the seminar. Peter asked him to recite the phrase he had used. When my friend spoke the words it all made sense. He'd changed the wording just enough to create a completely different intention. I never forgot that. Everyone can expect amazing results with the Biotheric™ discs for many reasons, which will be explored in the book, but suffice to say, even though we can forget sometimes and leave out a word or two, the downloaded program in each disc is reliable and can always be trusted.

### **AA-5 Rune Prosperity**

Runes are very powerful and very ancient symbols. Symbols can be very powerful, because, unlike a word, a symbol can convey an entire book full of information. This disc contains what is called Rune Scripts. The information patterns of several runes are downloaded into this very special disc. And the information used will have a powerful positive effect on one's business, career, and money.

#### **AA-6 Wealth Mantras**

This disc contains subtle energy, digitized representations of various prosperity mantras, along with a few Rife-type frequencies. Spells, curses, and various other esoteric blocks are neutralized that may be lurking in the Biotheric Field.

#### **AA-7 Switchwords**

Special Switchword phrases are utilized in this disc

#### **B.E.T. Spinal Energy Balancing Discs (8 discs)**

These are amazing discs for many reasons. First of all, when someone wants to be able to see a real visible shift when using energy medicine, these are the discs I like to reach for. I will go more in depth in my book, but basically, man is bipedal. That means that we all walk upon two feet.

Standing upright has its problems. When one of our legs is a tiny bit shorter than the other, this has very dramatic effects on our entire posture and skeletal structure. In time, every muscle and every joint in the body is affected. It affects how we walk and how we move.

When we are young we don't usually notice this structural imbalance. If it's severe it may become noticeable to others in the form of one shoulder being a little higher than another. Or perhaps a slightly twisted pelvis, or a funny looking gate when one walks down the sidewalk. Those that are trained in human biomechanics, such as physical therapists, orthopedists, or chiropractors can immediately see these imbalances. When I go grocery shopping it's always fun to see if I can find anyone with normal posture. It almost never happens. As we get older, we start feeling all those aches and pains in our muscles and joints due to years of walking around with poor posture. The muscles and joints have now become deformed. And eventually, we walk stooped over with a cane. And all this is just the tip of the iceberg, but I better save something for the book. As a teaser: did you know that it's possible to read a person like a newspaper? You can know things about their emotions, how they think, what they believe, what diseases they may have, etc. by ONLY looking at their posture?

It is very, very rare to find someone with perfectly even legs. And when we say "even", we mean that, when you lay on your tummy with your arms at your side, head straight and your legs together, the heels on your shoes should be perfectly even. This usually never happens. Now, this doesn't mean your legs are literally different lengths. It means that, due to something called a pelvic distortion, it pulls unevenly on the legs and one leg will be very slightly shorter and the other leg will be very slightly longer. As I mentioned earlier, there have been literally entire textbooks written about what will happen to you as you age if you choose stomp around all day, week after week, month after month and year after year on a slightly twisted pelvis. My book will cover all of that. Suffice to say, this disc set can be used to balance the very specific energy centers in the body that can correct this all too common distortion. It's something you can see

immediately after using these discs. A child of 5 can work these discs. The whole balancing takes 10 min. And if you own a Biotheric Energy Transmitter, you can actually accomplish this feat in about 90 sec. Granted, it seems far-fetched, but seeing is believing. It works every time and you can actually see it happen right in front of your eyes. And it's not uncommon at all that, if the person you do this to happens to have a few aches and pains here and there, they may just get a big surprise. Wonderful things happen when you balance the Biotheric field of the body.

### **Biotheric 5 ELEMENTS**

This 2 disc set harmonizes the energy between the various energy centers on the Organ Clock. These cycles are sometimes referred to as the SHENG cycle and the KO Cycle.

### **Biotheric AB**

Many times people will ask how they know they have an imbalance in their Biotheric field. Those who understand energy medicine usually have at least a basic understanding that there is more to us than meets the eye. When you look at yourself in the mirror in the morning you are only seeing the part of you that is physical. The energy field around the body is invisible to most, but still quite real. No one has ever seen the wind, but when physical objects go flying around we know it's there. When we experience a skin infection, such as an acne blemish or perhaps a boil of some type, it's time to start using the Biotheric AB disc, along with whatever you would normally do on the physical level. This disc contains the frequencies of several homeopathic nosodes, 26 different homeopathic and herbal frequencies, and the patterns of 16 different essential oils.

### **Biotheric ABSORB**

As we age we all lose the ability to breakdown, absorb and utilize nutrients. Though it is certainly important to eat nutrient-rich foods especially when one gets older, unfortunately, we gain very little from all those necessary nutrients.

You may sit down and eat a nice, healthy meal, but if those nutrients don't reach your cells and then get past the cell membrane and become utilized by various cell organelles, such as the mitochondria, it doesn't really matter. This disc uses energetic patterns to ensure the frequencies of any and all nutrients "wake up" each and every cell.

### **Biotheric ACCEPTANCE**

This is a very important disc for spiritual growth. Many times we wish something good would come into our lives and nothing seems to happen. One explanation is that we, on a deeper level, a level that is beyond our awareness, is sending out signals to the Universe that we are not really open for change...for something good to come into our lives.

### **Biotheric ACHES**

This disc can help bring about help to various uncomfortable areas that can pop up from time to time by balancing specially selected energy points found in the ear. These points have been used for many years by acupuncturists.

This disc can certainly be used by imprinting water and used orally, but better results may occur when used directly on the energy field around the ears using a B.E.T. device. If one were to own 2 of these discs, they could be placed on top of each ear for approximately 15 min.

### **Biotheric ACU HEAR**

This disc utilizes energetic meridian patterns that are sometimes imbalanced in hearing issues.

### **Biotheric ADDS**

Contains various frequencies and patterns of some common food additives

### **Biotheric ADH (adhesions)**

Contains various frequencies and patterns to balance adhesions

### **Biotheric ADR BAL**

The adrenal glands, just like any organ has an energy field. I've always thought it was sad that some many people are absolutely miserable due to an adrenal gland imbalance, they have never even heard the word "adrenal". They are sometimes called your stress glands. They are about the size of a walnut, and each one sits on top of each of your kidneys. They can affect your moods, your sugar levels (primarily responsible for low blood sugar symptoms), your energy and stamina, and the way you handle stress. There will be more on this later, but put simply, if little things in your life that never used to bother you now stress you out, and the big things absolutely freak you out, then you are experiencing an adrenal imbalance. And if they get really weak, you may notice that when you are lying down and you jump up real quick to answer the phone, you experience dizziness for just a few seconds. Weak adrenal glands are many times involved in some large or small way in just about every health concern. People that are feeling 'rundown' should always consider using this disc.

### **Biotheric AFF INJ**

This is the Biotheric Affirmation Injection disc. Many people have different opinions about affirmations. Some rave about how well they work, while others say they don't work at all. Some even say that when they don't work it's because the person using them was not using them correctly. There are many reasons why affirmations don't seem to work all the time, but this disc can assist the whole process of accepting and implementing any affirmation used.

### **Biotheric A.G.E.**

This disc clears Glycation End-Product frequencies

### **Biotheric AGING**

This disc introduces into one's field various subtle-energy frequencies that appear to diminish as we age.

### **Biotheric ALL**

This disc balances the Biotheric field in such a way to ease the uncomfortable effects of various kinds of sensitivities and intolerance of things in the environment. Of course, identifying the

offending allergens by traditional testing and then avoiding them is helpful. But addressing the imbalances within the Biotheric field can be very helpful.

### **Biotheric AMYGDALA**

Balances the energy fields surrounding the amygdala

### **Biotheric ANG**

This disc has been programmed with 45 specially selected flower essences to help those that have anger issues.

We all may feel anger from time to time, but many live in an almost constant state of anger. It's toxic, it's uncomfortable, and it's abnormal. There are numerous techniques which we would endorse as wonderful adjuncts to be used along with this disc, such as: Neuro-Emotional Technique, E.F.T., Emotion Code, N.L.P., Hypnosis, and many others.

### **Biotheric ANGEL**

This disc's design was based on a unique philosophy, that being, that we were all meant to be able to receive guidance from the Angelic Kingdom or realm. A quick search on the internet for just the word "angel" will bring back 473,000,000 hits. And the phrase, "angel communication"?

Over 40 million! My definition of communication involves a two way street. We should be able to hear and get answers back from the Angelic realm.

Of course, not everyone has the same reception capabilities. For example, sometimes a person will get hunches, or what is sometimes called 'God winks'. Others receive guidance within the dream state.

And believe it or not, there are many that actually hear a voice: sometimes faint and off in the distance, and sometimes as clear as a bell, as if speaking on a telephone.

With over 17 million websites that will show you HOW to talk to Angels, I have no interest in getting into that game. But here is how a very special disc called an Angel Disc can make a big difference in your life. The Angel Disc removes what can be called 'interference'. It's like this, it's very easy to fall into the trap of believing that the physical world poses no blocks to angelic communication: but it does. Cell towers, chemtrails, microwaves, 4G and now the 5G cell phones, WiFi, atmospheric disturbances, solar flares, the list goes on and on. Could it be that this could be one of the reasons that more people don't seem to be able to accurately and consistently tap into an Angelic connection? Obviously, there are internal imbalances that can play a huge role, such as Rt./Lt. brain imbalance, autonomic nervous system issues, and of course, just simply not having a belief that it is even possible. I'm sure you are familiar with the concept that the Universe is constantly re-arranging itself to accommodate your picture of reality. If you think it's impossible to communicate with the Angelic Kingdom, then, for you, it will be. This disc can be used during prayer and/or meditation. Some people hold the disc in their left hand while they pray or meditate, while others place the disc over the heart chakra. As always, let your intuition be your guide.

### **Biotheric ANKLE**

Whenever there is an issue of some kind with a joint, the biotheric field around that joint will need balancing. This disc has numerous frequencies matched to various homeopathic remedies.

Some companion support discs one might consider would be Biotheric INFL, TH1, Joint Infl, JointGen, Arth-Rheum or Arth-Sys. The B.E.T. Spinal Adjustment Discs may be an important preliminary balancing protocol.

### **Biotheric ANTITOX**

This disc contains 45 different frequencies that neutralize negative patterns within the Biotheric Field, such as heavy metals, and also supports the Biofields around some of the detox organs, such as the liver, gallbladder and kidney fields.

### **Biotheric ANXIETY**

This disc helps clear the biofield of any subtle energy patterns that accompany anxiety. The definition of anxiety is an emotion characterized by an unpleasant state of inner turmoil, often accompanied by nervous behaviour such as pacing back and forth, somatic complaints, and rumination. Everyone experiences anxiety from time to time.

However, the intensity and duration can make this imbalance very uncomfortable. It's similar to physical pain, in that, a certain pain may, on a scale of 1 to 10 be a 4 for one person, but a 9 for another.

### **Biotheric APP**

Helps clear the electromagnetic field that surrounds the appendix

### **Biotheric ARTH-RHEUM**

This disc has the frequencies of over 30 homeopathic remedies, including various energy patterns that help clear the energy gates around the joints. This disc may require the synergistic effects of Arth-Sys, Joint INFL, JointGen, TH1, and/or INFL. Every person is different.

### **Biotheric ARTH-SYS**

This disc contains the electro-magnetic patterns of various vitamins and minerals. Also 27 homeopathic frequencies are included, as well as some detox patterns. This disc may require the synergistic effects of Arth-Rheum, Joint INFL, JointGen, TH1, and/or INFL. Every person is different.

### **Biotheric ASSEMBLAGE**

This is a very important disc for two reasons. First, most people need to have an assemblage point treatment from time to time. Secondly, it's always involved in any kind of energy imbalance, whether it's health, money, relationships, career, spiritual, etc. You could easily spend a year studying what the assemblage point is, but briefly, when energy enters your body it does so in a type of spiral or vortex motion. And it enters at a point that is in the area of the 4<sup>th</sup> and 5<sup>th</sup> thoracic vertebra, just under the heart chakra. The importance of this should be obvious.

If someone went to the main power plant that sends electricity to your neighborhood and cut all but one or two power lines leaving the plant, how would that effect where you live?

It's been said by some that the assemblage point is the unknown factor that is absent in all current medical, psychological, scientific, philosophical and spiritual models.

It is not possible to suffer from a health condition and have a normally positioned assemblage point. This disc will move or shift your assemblage back to its proper position, but requires the use of the Biotheric Energy Transmitter along with the assemblage disc.

### **Biotheric ATTACHED ENERGIES**

We are all familiar with unwanted hitchhikers in the body, such as parasites, leeches, various types of insects, etc. But these are all examples of *physical* attachments.

There are also many (perhaps hundreds) of attachments that are invisible to most of us that can cause just as much trouble as the physical hitchhikers. It is these hidden energies that are many times behind much of our suffering. Unfortunately, at least in our society any way, doctors pay very little attention to these toxic attachments. I once watched a documentary about this particular tribe in the Amazon.

They basically ran around wearing very little and threw spears at monkeys in order to feed their village. Whenever the hunters would return from hunting, the witchdoctor/shaman would sit down with each man and, using his thumb and forefinger, remove what they called evil spirits. To the untrained eye, it would appear to be a silly superstition. The thing is, this tribe, in some ways were more advanced than we all are in the civilized countries. This Shaman could actually SEE these attachments.

If left alone they could cause disease in the physical body. The shaman was doing a great service for his fellow tribesman. So how about modern man? Well, we have just as many attachments if not more. And what do we do about it? We allow them to accumulate to the point that we get sick.

We then pay someone called a physician, who can't see these things and doesn't believe in them in the first place, hand you a prescription that will do nothing to remove these attachments. The drugs, along with the placebo effect, have you feeling fit as a fiddle in no time. Of course, you are still covered in these little dark nasties. And WE are the civilized folks. This disc is a very powerful spiritual disc and covers numerous issues involving energy attachments. The electromagnetic patterns of various flower essences and gem stones were used in programming this very special disc.

### **Biotheric ATTUNE**

This disc can be used in many ways. It can be used as a formula in water, it can be carried, but an excellent use would be to use when meditating. This disc works with the various frequencies of the planets and the subtle bodies. It is also used to interfere with or remove various invading energy forms that sometimes can interfere with our energy fields. It helps support us in letting go of subconscious programming, tapes, or illusions.

Negative energy patterns and old patterns are dispelled, patterns that are very commonly involved in creating discord in our lives on many levels. This disc automatically connects the user to Higher Sources of help.

### **Biotheric AURALITE**

Auralite, a newly discovered powerful healing stone also known as Auralite 23, Auralite Amethyst or Kindred Spirit Crystal....“A New Stone of the New Consciousness” because of it's

high frequency and abundance of metaphysical properties. This disc has been imprinted with the frequency of this amazing gemstone, along with other assisting frequencies.

### **Biotheric AURICULO 1 & 2**

These two discs, when placed over each ear and energized for 20 sec. with the B.E.T. have a balancing effect upon special points within the ear that correlate with the energy fields of various organs

### **Biotheric AUTO N.S.**

This disc is very important, but is difficult to explain in a short paragraph. In brief, anytime we don't feel well, one of the things...not the ONLY thing, but one of the things that will be in need of balancing is the autonomic nervous system. This system is made up of two parts. One part speeds everything up, such as chemical reactions, hormones, neurotransmitters, metabolism, digestion, etc. The other part slows all of this down.

This explanation may sound very much like our discussion on the Biotheric Yin Yang Disc. Various gem and flower frequencies (21 in all) along with some other interesting E-M patterns were used to make this disc.

### **Biotheric BIO ASSIST**

All biochemical pathways in the body that are necessary for life are 3D energetic reflections of the biotheric field that surrounds all living things.

### **Biotheric B BOOST**

B Boost is used to help balance the biotheric field around the brain. It contains information that can help memory. The energy field around the brain can become imbalanced just like any other field around any other organ or tissue in the body.

### **Biotheric B.C.C.**

Using various frequencies this disc supports the bones, cartilage and connective tissue

### **Biotheric BIO ASSIST**

Energetically supports various biochemical pathways

### **Biotheric BIO F**

This disc contains several patterns that can affect, by way of the Biotheric field, any biofilms that may be present in the body. This disc is usually used along with other discs, such as the heavy metal Biotheric Disc.

### **Biotheric BIOPLASM**

Perhaps you've heard of the infamous Schussler Cell Salts. This disc contains all of the frequencies of the 12 Schussler Cell Salts.

### **Biotheric BOWEL PATHS**

Clears various energetic signatures of some common bowel pathogens

## **Biotheric C COLD**

This disc is somewhat self-explanatory. I noticed something very cute with people over the years. When they catch a cold, and I'm including myself in this, they have certain favorite rituals they like to do, right on down to special pajamas they put on only when they get sick. It's like they all have a common cold ritual. Soups, tissues, zinc lozenges, vitamin drinks, hot teas, hot chocolate, etc. I'm in favor of all of this. I also believe that addressing the Biotheric field can also be of some help.

After all, even the common cold starts in the Biotheric field LONG before we feel the actual physical effects.

## **Biotheric C Px**

This disc is to always be considered with any kind of chronic pain. Treating chronic pain is actually an entire science unto itself. Of course, like many things, there are many causes of chronic pain. Also, everyone is unique: no two people are alike. This is important to keep in mind when addressing chronic pain. Due to the complexity of chronic pain, there will probably never be a "magical cure" for chronic pain. The Biotheric C Px disc can be a helpful adjunct

## **Biotheric CAN**

This disc helps balance and clear the biotheric field when the systemic candidiasis is suspected. There is a tremendous amount of information on line about systemic candidiasis.

This is one of those conditions that should definitely be approached on multiple levels. One layer involves actually attempting to reduce the amount of candida in the body. There is also an important nutritional and dietary component to addressing systemic candidiasis. Healing is so much easier when certain frequencies are cleared from the field. Remember, EVERYTHING has a frequency.

## **Biotheric CanBal**

This Biotheric disc is an excellent disc that is sometimes used along with the Biotheric CAN disc. A Biotheric Energy Assessment Test (B.E.A.T.) can be used to determine if the Biotheric CAN disc, CanBal disc or both is appropriate. The Biotheric DYS disc, among others should also be considered.

## **Biotheric CARBO**

There are various energetic imbalances that can occur within the biotheric field that will accompany poor carbohydrate utilization.

## **Biotheric CATA**

Cataracts are very common in our society. End stage cataracts can be easily removed surgically and normal eyesight can be restored in many cases. This disc supports the energy field around various eye structures.

There are also numerous toxic frequencies that can be removed that will assist the body in healing. There are also numerous nutritional and botanical solutions that are discussed on line that should also be explored.

## **Biotheric CATALYSTS**

This disc contains numerous frequency fields of all of the vitamins and minerals found in the cell

## **Biotheric CELL N (Cell Enhance)**

Supports all of the frequencies and information patterns used by all the cells in the body.

## **Biotheric CELL S (50)**

Balances, strengthens and detoxes the various frequencies that make up all of the types of cells in the body including the field around all subcellular components

**Biotheric CEREBELLUM** Balances the energy fields surrounding the cerebellum

## **Biotheric CEREBRAL CIRCULATION**

Balances the energy fields surrounding structures that are responsible for circulation in the brain.

## **Biotheric CEREBRAL CORTEX 1 & 2**

Balances the energy fields surrounding the cerebral cortex

## **Biotheric CERVICAL**

As many stars as there are in the sky, that's how many things that can cause neck pain. There are hundreds of different approaches that are used to treat neck pain. Like any other body part, there is a biotheric field that surrounds the neck structures, i.e. the muscles, ligaments, bones, nerves, acupuncture meridians, chakras, etc. The Biotheric CERVICAL disc should always be part of your protocol in addressing neck pain, stiffness, etc. Other discs should also be considered, ESPECIALLY the spinal energy alignment disc set. Posture can have a HUGE impact on the cervical spine.

## **Biotheric CHAKRA ALIGN**

This disc can be used alone for balancing the 7 major chakras, or, can be used along with the 7 Chakra Biotheric Disc layout for meditation.

It can be used to make a formula that you take three times daily, or, the disc itself can be carried in your front left pocket during the day. Placing it under your pillow at night would also be helpful.

## **CHAKRAS (1-7)**

This is a special set made up of 7 different Biotheric discs corresponding to each of the 7 major chakras. After researching on the internet you will find that there are hundreds of ways different practitioners will balance the chakras.

Each of our discs contain the frequencies and imprints of most of the major approaches. Each disc contains very specific frequencies for: colors, gem stones, affirmations, cell salts, herbs, essential oils, etc. Each disc is placed over each chakra for 15-20 min. A balancing can be done

once a day, once a week, or as needed. The Chakra Align disc can be used along with these 7 discs.

### **Biotheric CHEM**

This disc can be used when wants to simply chemically detox their Biotheric field. We are exposed to hundreds of thousands of chemicals every year. Unfortunately, there isn't much we can do about that at the moment. Regularly clearing your field from the frequencies is a good start. This disc goes well with many other discs including the Biotheric Liver field discs.

### **Biotheric CIRC**

This complex disc has subtle energy imprints (electromagnetic patterns) taken from numerous vitamins, minerals, foods, herbs, and common homeopathic remedies that will help balance the Biotheric field of various structures responsible for our circulation

### **Biotheric CIRCUFLOW (2)**

Contains numerous frequencies and energy patterns that assists the energetic side of circulation

### **Biotheric CLT**

Energetically assists the field around various structures that take part in causing clots

### **Biotheric CLR CHAN**

This disc is sometimes called the problem solver disc. Many times when we attempt to solve a problem we concentrate the best we can hoping a solution will just pop into our heads. Sometimes this works, but many times it does not.

I think we've also experienced going to bed at night with the problem on our minds and when we open our eyes the next day the solution is right there in front of us.

By allowing the conscious mind to go off-line temporarily, the interference and static is temporarily switched off and the guidance we were seeking can come through. It was there all the time, we just couldn't access it. When this disc is used properly, the clouds can more easily part and the answer you are seeking will be made visible.

This disc can be used along with your favorite meditation technique. Sabotage filters are lifted, old, interfering beliefs are dissolved, and the chains of failure will slip away, making it easier to see what is right in front of you.

### **Biotheric COFFEE**

A well known subtle Energy researcher discovered that there are certain acids in coffee that build up in those who always drink coffee. The Food Restoration Plate helps this, but for some who drink a lot of coffee it is a good idea to do a specific detox for these acids on a regular basis.

### **Biotheric COLLECTIVE (2)**

The most advanced method for staying healthy is, on a regular basis, scan oneself and make the appropriate corrections. However, sometimes a general balancing disc can be helpful. Some like to call these “maintenance” discs. For example, instead of going into the energy fields of every organ that makes up the hormonal (endocrine) system, a set of frequencies have been loaded into these discs that drain/eliminate/transmute all toxins in the collective endocrine system, restore normal function in the collective endocrine system, repair any damage in the collective endocrine system, remove all restraints/blocks/interference patterns, emotional, mental, supernatural, or otherwise to ensure complete healing and regeneration in the collective endocrine system, and finally, the frequencies of various homeopathic sarcodes for the endocrine system.

Classically, homeopathic sarcodes are made from the actual organ itself. These disc address all 15 systems of the body. Again, though these discs could be used within an overall protocol, they will work great as maintenance discs.

#### **Biotheric COLON (4)**

This disc balances various energy patterns associated with the colon.

#### **Biotheric COMPASSION**

This disc contains specially coded frequencies from various gem stones and flower essences to support the frequency of Compassion in the Biotheric Field.

#### **Biotheric CONFIDENCE**

This disc can help ones confidence levels and contains various flower and gem stone frequencies, such as Harebell, Monkey Flower, Sea Holly, Gorse, Garnet, and Sunstone, to name a few.

#### **Biotheric CORDS**

This disc helps clear/remove/sever various kinds of non-supportive connections that we have people, places, innominate objects, even ideas and beliefs, sometimes referred to as ribbons, ropes, cables, filaments, threads, strands or strings.

#### **Biotheric CTAIL**

This Biotheric Disc along with Biotheric LYME CO can be used to energetically support protocols that have been selected and implemented in treating Lyme Disease

#### **Biotheric DAILY BALANCE**

Every morning, this disc can make any corrections needed in and around one’s body, property, etc. This disc is based on the amazing concept of the pilot wave. When properly used, we can learn to send out one powerful, focused “energy push” that moves into our environment and spreads like a vortex, ever widening, taking in our own field, plus the field around our home, property, and beyond. This disc requires the use of the B.E.T. tool. More specifically, this disc addresses negative forces and energies, raises the vibration of your body, your home, property, pets, your car, etc., neutralizes non-supportive geopathic effects, and balances out various toxic frequencies, such as electrical currents, (direct or alternating), radiation, sonar, radar, cell tower, etc.

And finally, brings in the vibration of numerous positive emotions, such as love, gratitude, forgiveness, acceptance, prosperity, peace, and freedom.

### **Biotheric DenFect I**

This is one of our Biotheric discs that address energy imbalances within the field of the teeth and gums. This disc contains 36 different frequencies of various homeopathic remedies that will balance the Biotheric fields around all the dental tissues, including the teeth and gums. This is an excellent disc to use when receiving dental work.

### **Biotheric DenFect II**

This is one of our Biotheric discs that address energy imbalances within the field of the teeth and gums. Everything has an energy field, including bacteria.

This disc contains the energy patterns of 50 very common pathogens that are many times associated with dental issues. This is an excellent disc to use when receiving dental work. I would estimate that maybe one half of one percent of the people out there including physicians understand teeth. Here's the reason: teeth can harbor, FOR YEARS, some of the most dangerous toxins you'll ever find in the human body. And, if that isn't scary enough, toxins in the teeth almost NEVER produce symptoms.

The problem is completely silent. And if this wasn't enough, dentists cannot diagnose this problem, until the problem becomes almost life threatening. And then, they do not correct the issue properly due to poor training. In my 35 year practice, whenever I had a patient come to me who had been everywhere and tried everything with no improvement, I would ALWAYS start looking at the teeth.

### **Biotheric DENGEN**

This is one of our Biotheric discs that address energy imbalances within the field of the teeth and gums. This disc can work very well with Denfect I.

### **Biotheric DENTOX**

This is one of our Biotheric discs that address energy imbalances within the field of the teeth and gums. During and after dental work we are exposed to many kinds of chemical compounds. This disc can be used to flush out these toxins by supplying the frequencies of these compounds, including various metals and anesthetics.

### **Biotheric DESERVE**

As we've all been taught, what we give out we get back. If, for any reason, even and especially on the subconscious level we feel that we don't deserve good things in our life, we will sometimes sabotage various opportunities that could come our way. Either we can use our energy field to "push back", or, a good opportunity may come along and we won't recognize it as an opportunity.

I think we've all experienced this. We become aware of a wonderful chance for advancement, but we only become aware of it AFTER it's too late to take advantage of it. This disc contains the frequencies of various gem stones and flower essences that can surround us in a unique field

that will allow us to perhaps take advantage of a wonderful opportunity of some kind that we might otherwise completely miss.

### **Biotheric DTX 1**

The most important thing we can do to re-balance our bodies and return to a state of wellness is to DETOXIFY. I used to tell patients that I know what's wrong with them as soon as they walk into my office.

I tell them I know that whatever their problem is, it's going to fit into one of three categories. Either there is a deficiency of something in their body that they should have MORE of, or there is something in their body that doesn't belong there, or a combination of the two.

My own belief is, the body, being a self-healing mechanism created by God, can heal itself if given a chance. So why are there so many sick people in the world? The answer is: TOXICTY. There is something in their bodies that is interfering with their body's ability to heal. This is the analogy I use: imagine you are swimming in the ocean. Someone has tied lead weights to your ankles and you are struggling desperately to tread water and keep from sinking.

One answer would be to start eating lots of veggies, fruits and proteins in order to build up muscles to make it easier to read water and keep from sinking. Now I'm certainly not making fun of nutrition and eating correctly.

It's very important to feed our bodies the right nutrients. But I have met many people over the years that are in their 80s and I don't think their body has seen a vitamin or mineral in years. The body's ability to rid itself of toxins is paramount. Every disease on earth has toxicity as a component. And every toxin has a frequency. And when the biotheric field becomes cluttered with many hundreds of toxic energy signatures as we call them, they need to be cleared. The Biotheric DTX 1 is one of the discs that will do just that.

It's always a good idea to be holistic and include other detox modalities, such as juicing, certain herbal medicines, adding more greens to the diet, certain bath soaks, etc. And one more thing, many times I'm asked about negative emotions. Many believe that a large percentage of our health issues can be traced to emotional baggage. I agree with this completely.

Negative emotions can be thought of as a toxin. It's something in the Biotheric Field that does not belong. And when it is removed or neutralized, energy flow is restored. There are several Biotheric Discs that may be required to detoxify the field. To solve this problem, B.E.A.T. it. (Biotheric Energy Assessment Test) . The average person will need energetic cleansing for a year to get the job done right. This disc can be used with the **DTX 2** disc.

### **Biotheric DTX 2**

This detox disc can be taken along with Biotheric **DTX 1**, or could be taken AFTER using **DTX 1** for a month, or, one could use B.E.A.T. to determine efficacy. One could also consider Biotheric GLOBAL DTX, HM, etc. . The average person will need energetic cleansing for a year to get the job done right.

### **Biotheric DYS**

This disc is used to balance the Biotheric Field when a condition of dysbiosis is suspected. This is a condition that affects almost every person in the country.

In our large intestine (colon) and in our small intestine, we have billions and billions of various types of bacteria living there. Some of these types of bacteria BELONG there. In other words, we will get sick if they were to pack up and leave for whatever reason. And some bacteria DO NOT belong there. Some people like to say we all have friendly bacteria and unfriendly bacteria.

You can't get rid of ALL the unfriendly bacteria, but you want to have a very high ratio of good bacteria to bad bacteria. It is very, very common for people in this day and age to have LOTS of unfriendly bacteria. This condition is known as dysbiosis. Depending upon which author or researcher you are listening to, dysbiosis is thought to cause NUMEROUS health issues. Dysbiosis is a BIG DEAL.

This disc should be used along with the usual holistic medicine recommendations for dysbiosis, namely, eliminate sugar in the diet, perhaps take a probiotic and prebiotic, and always eat fermented foods EVERY DAY. The Biotheric CAN and CanBal discs may be appropriate with this disc. The Biotheric HM may also be a good choice.

### **Biotheric EAR 1 & 2**

This is a 2 disc set that clears non-supportive frequencies from the Biotheric Field of the ears. This set can be used along with the disc Biotheric HEARING.

### **Biotheric EFF SLP (2)**

These discs can be used to address any energy field imbalances in those who have trouble either getting to sleep or staying asleep. Obviously, there are many factors to look at with this issue and each person may have a different set of issues to deal with.

### **Biotheric ELBOW**

Whenever there is an issue of some kind with a joint, the biotheric field around that joint will need balancing. This disc has numerous frequencies matched to various homeopathic remedies.

Some companion support discs one might consider would be Biotheric INFL, TH1, Joint Infl, JointGen, Arth-Rheum or Arth-Sys.

### **Biotheric ENDER**

This disc is based on the work of Günther Enderlein

### **Biotheric ENDO**

This disc, which is sometimes used along with Biotheric NO to energetically support endothelial function

### **Biotheric ENERGY DOTS**

These are very tiny dots that can be programmed using the B.E.T. then placed, along with a plaster (like a small, round band aide) on top of acupuncture/acupressure points.

### **Biotheric E/R**

This disc is used to release emotional blocks and imbalances. This is a very huge topic. There are many excellent systems available and have been around for years. And yet, it is extremely rare to find anyone who has even heard of emotion release technologies. The primary reason for this involves the consciousness level of most people.

Due to the Ego, whenever something goes wrong in our lives we immediately look around for someone or something to blame. With my own eyes I've seen almost every kind of disease and imbalance vanish, sometimes in SECONDS after having the corresponding emotional block removed. Of course, an emotional block doesn't always play a huge role in some kinds of life challenges, but it's always there. If you know how to look for it, you can find it. Depending upon whose system you study, the block can be called a Neuro Emotional Complex, a Significant Emotional Event, Negative Emotional Attachments, etc. This block can have occurred anytime, from inside the womb, and some believe even before. And this block does something interesting: it repeats. It keeps coming up in your life, over and over and will continue to come up unless it's resolved.

There are many reasons why you would want to remove this block. One reason is that it drains off your life force. Each day when you get out of bed you will not have all the life force due you. Some of it is invested BY YOU, unconsciously of course, into the block. It's almost like you are keeping it alive. The energy it steals is the same energy you use for healing, for your immune system, and for your ability to think and create.

Another reason is that we keep the block alive is because we have judged what happened to us in that particular story. In order to untie ourselves from that judgement, we are forever chained to the dead weight of the negative emotion. A hot air balloon can only soar if someone unties the sandbags on the sides. When the issue is triggered, sometimes referred to as having one's buttons pushed, at that moment the Biotheric E/R disc is placed over the heart chakra, then activated for 30 seconds with the B.E.T.

Occasionally, 30 more seconds is needed over the third eye. We also recommend preceding the balancing with 30 seconds of the HEARTWAVE disc over the heart chakra prior to using the E/R disc. This disc comes as a set with the HEARTWAVE disc. Some seasoned practitioners believe that an emotional block/imbalance is in the top 3 reasons why we get sick.

### **Biotheric ENTHEOS**

This disc has been programmed with numerous frequencies from various gemstones and flower essences that can help promote enthusiasm. When we want to create something or bring something new into our lives, one of the first things we need to do is activate enthusiasm. In fact, to show you just how powerful enthusiasm is, do you know the definition of the root work for enthusiasm, which is 'entheos'? Check out this quote from Earl Nightingale  
....."The **word** "enthusiasm" comes from the Greek **word** "**entheos**" which means the

God within. And the happiest, most interesting people are those who have found the secret of maintaining their enthusiasm, that God within.

### **Biotheric ERASER**

This disc helps release self-condemnation. It helps to release any and all self-blame due to feeling that one has not lived up to his/her own real or imagined expectations. It helps one forgive themselves for any perceived reoccurring mistakes they may have made.

### **Biotheric E & V**

This disc balances all frequencies found in the surrounding Biotheric Field of the eyes.

### **Biotheric Ey 1 & 2**

This set of discs balances the field around all the various tissues of the eye

### **Biotheric FACE TONE**

This disc makes up part of the nonsurgical face lift protocol

### **Biotheric FASCIA**

Balances the energy fields that surround all fascia of the body

### **Biotheric FD INTOL**

This disc addresses various issues within the Biotheric Field when associated with food intolerances. Food intolerances are actually quite common. For various reasons, many people acquire a sensitivity to certain foods. When they eat these foods, certain symptoms can occur. These can occur fairly soon after eating the offending food, or, can occur a couple of days later.

The person many times DOES NOT make the connection that they had just eaten something that they shouldn't have. And just to throw this in, what about people who can simply TOUCH a food with their tongue and have to be taken to the emergency room? This is a full blown food ALLERGY, not an intolerance. A person who is actually ALLERGIC needs to AVOID that food.

### **Biotheric FDT**

This is one of the many discs that can be used to clear the Biotheric field when the flu is present. Choosing the correct flu discs require assistance from a Biotheric Coach.

### **Biotheric FEAR**

This disc better helps us deal with the frequencies of fear, of which we all have picked up throughout our life time.

### **Biotheric FFQ**

This is one of the many discs that can be used to clear the Biotheric field when the flu is present. Choosing the correct flu discs require assistance from a Biotheric Coach.

### **Biotheric FLR BAL**

All of the Bach flower essences have their own unique frequency. This disc imprints these frequencies into the Biotheric Field and can be helpful in certain situations. Working with someone who can pinpoint a specific Bach flower essence just for you can also be of value.

### **Biotheric FOCUS**

This disc can be used by anyone who wants to improve their focusing ability. The various frequencies of vitamins, minerals and amino acids were downloaded into this disc. The frequencies of eleven different flower essences were also used including specific frequencies that will help elevate mood and learning ability, improve mental attitude, increase brain energy and sharpen the mind.

### **Biotheric FORGIVENESS**

This isn't the right place to go into details, but suffice to say, there are literally thousands of healers, maybe millions that would agree that one of the main stumbling blocks we run into when we notice things aren't going our way, either physically (healthy-wise), financially/abundance, or with relationships (with people or God), is our unwillingness to forgive....someone, some thing, and especially ourselves. This disc contains the frequencies of numerous flower essences, gem stones, etc., which will aid one who is ready to enter into the state of forgiveness.

### **Biotheric FORMULA TRANSFER**

There are hundreds of companies all over the world that manufacture what are called homeopathic combination remedies.

Physicians of all kinds use these remedies, including medical doctors, naturopaths, veterinarians, chiropractors, and acupuncturists. Many companies sell some of these remedies to the general public on line. There are a few companies in the U.S. that have fantastic combination remedies, but they will not sell directly to the public.

In classical homeopathy the physician has the job of taking an extremely intensive history from a patient, which can take as long as 1 ½ to 2 hours, then administering just one single homeopathic remedy. A combination remedy, in contrast, may contain several different homeopathic remedies. There are many systems that are employed in the construction of any one particular formula. One of the more simpler systems simply takes several homeopathic remedies that may be needed by an individual with a specific type of illness or complaint that have similar actions and places them all together in the same bottle. The idea being, the patient's body will resonate or select the correct remedy in the body and basically ignore the other remedies. In more advanced formulas, homeopathic remedies that each resonate to a specific musical note are added into the same bottle. In this example, each remedy works synergistically with the others, thus producing a harmonic effect on the body. The analogy would be that of a symphony.

If each musician were to play his or her instrument by itself, it would not sound as beautiful and majestic as is all the musicians played their instruments at the same time and in the correct pattern and rhythm.

These two examples of how remedies are selected for combination remedies represent a very small fraction of all the different approaches that are used. When the Biotheric FORMULA TRANSFER disc is placed over a particular formula, the information is lifted and transmitted to

a nearby B.E.T., which, if activated, will energetically “deposit” or download the entire formula into where ever the B.E.T. is pointing to.

Some examples would be, a shot glass of water, a 10 oz. bottle of water, a food item, an ointment or salve, a person’s body, organ reflex point, acupuncture point, chakra, even a person’s photograph, if one is working long distance. Even a bathtub full of water can be imprinted just before taking a relaxing bath soak.

### **Biotheric FR**

This is one of the many discs that can be used to clear the Biotheric field when the flu is present. Choosing the correct flu discs require assistance from a Biotheric Coach.

### **Biotheric FRUS (100)**

This disc contains specially coded frequencies from various gem stones and flower essences to support the frequency of Frustration in the Biotheric Field.

### **Biotheric FUN**

This disc can be used for systemic candida issues, or used as a tandem disc to be used along with the Biotheric CAN and Biotheric CAN BAL discs.

### **Biotheric GB BAL**

This disc BALANCES the Biotheric Field around the gallbladder. Most people don’t know anything about their gallbladder. They usually cannot even tell me where their gallbladder is. The average person, when asked about the gallbladder, will usually say they’ve heard of gallstones, and also something called a gallbladder attack.

Did you know you can be attacked by your gallbladder? From a medical standpoint, the gallbladder isn’t a very interesting organ. In fact, how important can it be?

Isn’t it true that hundreds of thousands of people are walking around WITHOUT a gallbladder due to surgery? Try living without a heart. However, let’s look at the gallbladder in a new way. If you go to Google and type in, Gallbladder AND T.C.M., you will see a whole new side of the gallbladder. T.C.M. stands for Traditional Chinese Medicine.

### **Biotheric GB DTX**

This disc can be used BEFORE or DURING the use of the Biotheric GB BAL disc. This disc has more to do with DETOXIFYING the Biotheric Field around the gallbladder. According to B.E.A.T., it may be necessary to also use the Biotheric Discs for the Liver energy field imbalances.

Also, depending upon how motivated you are, you may also benefit from adding in specific Biotheric Energy discs that clear specific frequencies from the person’s Biotheric Field, such as heavy metal frequencies, chemical frequencies, etc. This is a general whole-aura detox clearing disc. It can be used along with the DTX 1 and 2 discs, and can also be evaluated by using B.E.A.T. Sometimes people will start with this disc, then later, move onto other detox discs.

This disc addresses the Biotheric Fields around the kidneys, liver, gallbladder, and lymphatic system. The average person will need energetic cleansing for a year to get the job done right.

### **Biotheric GEN 1**

This disc helps modify/neutralize harmful emanations from cellphones

### **Biotheric GenGem**

This disc has been imprinted with several very important and common gem stones that can have very beneficial effects in balancing the biotheric field.

### **Biotheric GENEROSITY**

We've all heard the phrase, "to receive, we must first give". When we create an empty space within our Energy Field, it will fill in quickly, based upon the law of "like attracts like".

When we unselfish give to others, we create a void that allows abundance to come to us. This disc, using the frequencies of various gem stones and flower essences helps us do this.

### **Biotheric GLOBAL DTX**

This disc contains various plant, gem and homeopathic frequencies that have a neutralization effect on numerous toxic electromagnetic patterns commonly found in the Biotheric Field.

### **Biotheric GLOM**

This disc is sometimes very helpful in assisting the KD and/or KB discs.

### **Biotheric GLYM**

This disc helps regulate energy pathways affecting the lymphatic system of the brain

### **Biotheric GOUT**

Like every imbalance, there are certain patterns that can be cleared from the Biotheric field when someone is experiencing gout. Numerous other supportive regimens and protocols should also be implemented.

### **Biotheric G PATH**

This disc contains numerous frequencies that help open up and enhance the glutathione pathways

### **Biotheric GRATITUDE**

This disc contains several universally well-known flower essences and gem stone frequencies that assists one in experiencing more gratitude in their lives.

### **Biotheric G STONE**

For any of us to get a physical gallbladder problem, there had to be an accompanying imbalance in the Biotheric Field. This disc should be taken when one is interested in preventing gall stones, and when one is interested in DETOXING the gallbladder. This is an excellent disc to use along

with the GB DTX and GB BAL discs. And not to try and make this more complicated, it is VERY difficult to have an imbalance in the gallbladder field without first having an imbalance in the LIVER field.

The energy of guilt is very destructively. Everyone experiences guilt in a different way, but the effects, conscious or subconscious can have far reaching effects. This disc contains

### **Biotheric GUILT**

Of all the toxic emotions that we all carry around with us, guilt is one of the most destructive. This disc contains 15 different flower essence frequencies that can help release guilt from the subtle energy field.

### **Biotheric HAIR**

Obviously, no one has cornered the market on hair growth. One reason for this is that there are so many causes for premature hair loss. There are some frequencies that can re-balance the Biotheric field in these cases.

### **Biotheric HARMONIZER**

This disc has a general balancing effect on the energy fields surrounding numerous organ, tissues and biochemical pathways and can be used when one needs to take prescription medications

### **Biotheric HEARING**

This disc supports all frequencies in the Biotheric Field that surround any and all structures involved with hearing.

### **Biotheric HEAR AIDS**

This disc address various energetic imbalances associated with hearing issues.

### **Biotheric HEARTWAVE**

This disc has been discussed fully with the Biotheric E/R disc.

### **Biotheric H.H.**

Many people who experience various digestive disturbances such as heartburn, burping, stomach pain, and a syndrome called G.E.R.D., will many times have some degree of stomach malpositioning. This involves the diaphragm, which in turn can affect the stomach and esophagus. Many years ago osteopaths used to manipulate this structural imbalance with their hands. It would usually give instant relief. This disc clears the frequencies in the Biotheric Field that can accompany this very common disorder.

### **Biotheric HIP**

Whenever there is an issue of some kind with a joint, the biotheric field around that joint will need balancing. This disc has numerous frequencies matched to various homeopathic remedies. Some companion support discs one might consider would be Biotheric INFL, TH1, Joint Infl, JointGen, Arth-Rheum or Arth-Sys.

### **Biotheric HIPPOCAMPUS**

Balances the energy fields surrounding the hippocampus

### **Biotheric HIPP**

Balances the energy fields surrounding structures involved with memory, including the hippocampus

### **Biotheric HJ**

Balances the Huato Jiaji Points along the spine using special frequencies that correlate with all the organs. Each vertebra, from T1 to L5 is stimulated for 10 sec. each using the B.E.T.

### **Biotheric HM**

This disc clears the heavy metal frequencies from the Biotheric Field. This isn't to say that one shouldn't do all those other things to assist the clearing of heavy metals from the body.

If for any reason you are not familiar with heavy metal burden in the body, please do a little research. All I will say here is that, some very well-known holistic medicine doctors and experts believe that heavy metal body burden is in the top 5 reasons why we are all sick. Simply type in a disease into the search engine that starts with any letter from "A" to "Z", then also include the words "heavy metal burden", and you will get a big surprise.

Heavy metals have energetic signatures (frequencies) that can be imprinted into the Biotheric Field. These are downloaded into the Biotheric disc called Biotheric HM.

### **Biotheric HRPZ**

Supports the Biofield during a shingles outbreak.

### **Biotheric HYPO**

One of the ways Biotheric Discs work when addressing an organ imbalance is by two ways: balancing the energy field that surrounds a particular organ by imprinting what is called supportive frequencies, and, secondly, by supplying frequencies that will neutralize toxic or non-supportive frequencies that may be in the energy field surrounding a particular organ.

Since every organ has a Biotheric Field, it's possible to have a Biotheric Disc for every organ. However, that isn't practical OR necessary. This disc addresses the Biotheric Field around an organ you may not have heard of. It's called the Hypothalamus.

It's located in the head. It's kind of the command center for all of the hormonal glands in the body. Doctors call this the endocrine system. As you may already know, hormones control literally every chemical reaction in the body.

### **Biotheric IC 1 & 2**

These frequencies can be added into any other protocol being utilized for those with Macular Degeneration. Obviously, always follow the advice of your ophthalmologist.

### **Biotheric ICV**

This disc balances the Biotheric field around a part of the body called the Ileo-cecal valve. This structure is located between the small intestine and the large intestine. This imbalance is very common and it's estimated 40% of the population and has been called the grand masquerader. It can mimic elbow pain, shoulder pain and even sinus problems to just name a few examples.

### **Biotheric I.I.L.**

This disc balances the energy field around the intestines when the lining is suspected of being inflamed.

### **Biotheric IM-1**

This disc can be carried, placed under ones pillow at night, or simply used during meditation. This disc helps to loosen ones grip from the illusion of separation. It places frequencies within the Biotheric Field to show us that by giving away our power to some person, thing or thought, we then have to worship that person, thing or thought because you now have become enslaved by it.

### **Biotheric IMMUNE (3)**

This is a 3 disc set that contains over 100 frequencies from numerous vitamins, minerals, herbs, and nutraceuticals, etc.

### **Biotheric IMPLANTS**

Aids in the removal/resolution of some of the more common energetic implants found with the biofield of the body

### **Biotheric INDECISION**

We have all had to make many decisions in our lives. Sometimes by simply weighing out all the facts the correct direction becomes obvious. However, there are times when we need some input from a higher source. This disc, through the use of various gem stones and flower essences, helps us better arrive at the correct decision.

### **Biotheric INFL**

Inflammation can be a good thing when it appears at the proper times and resolves at the proper time. However, when it becomes chronic, there is going to be problems. One can easily learn all about inflammation on the internet.

When tackling this problem it's always a good idea to include the Biotheric INFL disc in order to clear the toxic frequencies in the Biotheric field that accompany inflammation. This disc can also be used with any kind of pain or discomfort.

### **Biotheric INJ**

This disc should always be used when something has been injured. This includes any kind of injury, regardless how it happened. By supporting the Biotheric Field of the body, you are, of sorts, taking out an insurance policy, insuring that the healing process will proceed fully.

Many people report that pain and discomfort is eased when using this disc. Always keep this disc handy! Please also take a look at the Biotheric T MEM disc.

It's very common that an injury can imprint itself onto one's biotheric field. Many years AFTER the injury has occurred there can still be residual issues.

### **Biotheric INVERT**

This disc, when used along with the B.E.T. can "lift off" the frequencies off of a sample, either physical or virtual, then apply a phase inversion, meaning, the negative frequencies are inverted, meaning, the new frequency will "cancel out" the negative frequencies. Use B.E.T. for 15 sec.

### **Biotheric IVY**

The Biotheric field can be balanced when someone has dermatitis caused by poison ivy.

### **Biotheric JET LAG**

This disc neutralizes frequencies that are found in those experiencing jet lag.

### **Biotheric Jing Well**

Jing Well points, sometimes called Ting Points are all of the acupuncture points that exist at, either the very beginning or the very end of all of the 12 paired acupuncture meridians. There are many methods of using this disc, but one easy way is to simply fill a spray bottle full of water, then use the Jing Well disc to imprint the water.

Then, 3 times a day or so one can simply spray the tips of the fingers and toes. Simple. This disc contains special formulas that have a balancing effect upon these special acupuncture points, consisting of the frequencies of cell salts, homeopathic remedies, as well as various flower essences.

### **Biotheric JOINT INFL (2)**

This is the disc that can be used to help balance the Biotheric energy field around the joints of the body. There are many things we can all do when we have a joint issue, but it's always prudent to not forget about the energy field around the joints.

### **Biotheric JointGen**

This is the disc that can be used to help balance the Biotheric energy field around the joints of the body. There are many things we can all do when we have a joint issue, but it's always prudent to not forget about the energy field around the joints.

### **Biotheric JUDGEMENT**

**(See Self-Judgement)**

### **Biotheric KY1, 2, 3, 4, 5**

Kam Yuen Clearing discs (preliminary)

### **Biotheric KARMA**

This disc contains various gem stone and flower essence frequencies as well as very special digitized prayers that can assist one in dealing with or processing any karmic issues that may be active within one's energy field.

### **Biotheric KB**

This disc helps support the Biotheric field that surrounds the kidneys. It has a strengthening effect on the kidney's Biotheric field and can be used along with the Biotheric KD disc, or possibly used 30 days after using it.

### **Biotheric KD**

This disc helps clear toxic frequencies from the Biotheric field that surrounds the kidneys. It has a cleansing effect on the kidney's Biotheric field and can be used along with the Biotheric KB disc, or possibly used 30 days before using it.

### **Biotheric KNEE (150)**

Whenever there is an issue of some kind with a joint, the biotheric field around that joint will need balancing. This disc has numerous frequencies matched to various homeopathic remedies.

Some companion support discs one might consider would be Biotheric INFL, TH1, Joint Infl, JointGen, Arth-Rheum or Arth-Sys.

### **Biotheric KRBS**

If you ask the right people they will tell you that the liver is almost always involved in any health problem. This is an important disc because it addresses various issues that can be found within the Biotheric field of the liver. To get the most from the Biotheric liver discs, one would need to consult with a certified Biotheric Health Coach.

### **Biotheric K STONE**

This disc can be used along with all the other interventions for the issue of kidney stones

### **Biotheric LBP**

One of the most common complaints people have sometime in their lives is low back pain. There are hundreds of treatments for low back pain and I think they all work for many. But balancing the Biotheric Field of the low back

### **Biotheric LETTING GO**

It's been said that by ignoring the past you rob from the future, but by *dwelling* on the past you rob from the present. There are numerous gem stones, flower essences and homeopathic remedies that can assist one in letting go of something in the past.

They have all been imprinted into this disc. Remember, by not letting go of negative events that you've experienced in, these things can act as an anchor that will gradually drag you down, or hold you back.

### **Biotheric LG**

This disc can be used along with any and all protocols used for what is known as leaky gut syndrome. The Biotheric T.W.D. disc may also be used along with this disc.

### **Biotheric LIM**

Helps balance the energy field that surrounds the various structures of the limbic system

### **Biotheric LIVER TOTAL #1**

Aids in clearing some general frequencies that may impact the biofield of the liver.

### **Biotheric LONELY**

This disc addresses the energetics involved in feelings of loneliness

### **Biotheric LONGEVITY #2 (2)**

This disc contains the energy fields of various organs, hormones, neurotransmitters and antioxidants

### **Biotheric Low BP**

This disc balances the energy patterns that many times parallels low blood pressure.

### **Biotheric LUNG 1 & 2**

This is a 2 disc set that helps balance the energy field around the lungs

### **Biotheric LVB**

If you ask the right people they will tell you that the liver is almost always involved in any health problem. This is an important disc because it addresses various issues that can be found within the Biotheric field of the liver. To get the most from the Biotheric liver discs, one would need to consult with a certified Biotheric Health Coach.

### **Biotheric LVD**

If you ask the right people they will tell you that the liver is almost always involved in any health problem. This is an important disc because it addresses various issues that can be found within the Biotheric field of the liver. To get the most from the Biotheric liver discs, one would need to consult with a certified Biotheric Health Coach.

### **Biotheric LVT**

If you ask the right people they will tell you that the liver is almost always involved in any health problem. This is an important disc because it addresses various issues that can be found within the Biotheric field of the liver. To get the most from the Biotheric liver discs, one would need to consult with a certified Biotheric Health Coach.

### **Biotheric LYME CO**

This Biotheric Disc along with Biotheric CTAIL can be used to energetically support protocols that have been selected and implemented in treating Lyme Disease.

### **Biotheric LYMPH 1**

It's very difficult to have a health issue without also having a sluggish or clogged lymphatic system. All dis-ease is almost always due to toxins.

And toxins leave the body by way of the lymphatic system, which is several miles of varying size tubules throughout the body. Every organ has its own lymphatic drainage vessels and lymph nodes. These vessels are similar to the arteries and veins of the body, except there is no organ to move the lymph through. The arteries and veins have the heart as a pump. The lymph moves through the body primarily by muscle movement and physical activity. Lymph support is invaluable for anyone that is struggling to regain their health.

This can be done by a few ways, including lymph massage from a massage therapist who has been certified in lymphatic drainage, by using a rebounder, and by clearing the Biotheric Field using the Lymph disc.

### **Biotheric LYMPH 2**

This disc clears the Biotheric Field associated with the lymph system

### **Biotheric LYMPH 3**

This disc clears the Biotheric Field associated with the lymph system

### **Biotheric LYMPH 4**

This disc clears the Biotheric Field associated with the lymph system

### **Biotheric LYMPH-DIRECT**

This disc clears the Biotheric Field associated with the lymph system

### **Biotheric MATRIX BRK**

This is a very important disc. It is excellent for those who meditate, but it is also great for those who feel they don't have the time for meditation, but understand that quieting the mind can be very beneficial when it comes to problem solving. Many believe that there is never a problem that shows up in your life that there isn't also a solution that shows up at the same time. However, just because the solution is there doesn't mean we can always easily access it.

It reminds me of the phrase: "Of course! I've been too close to see! The answer's right in front of me!" The use of the word "matrix" was chosen for a reason. This disc helps us disconnect from the matrix. So what do we mean by the word "matrix"? When placed on third eye, the area between the eyes, one temporarily disconnects from the "matrix" in order to "see" beyond their own individual consensus reality, which is simply a version of one's own personal mental construct or holographic projection, which they call "the world".

This is why everyone's perceptions of the world can be so very different. And why would we want to disconnect? To get an answer to a problem. And why do answers sometimes evade us?

Due to various blocks, interference patterns, beliefs, emotions, energetic layers, etc. that we all have as human beings that can obscure incoming information from outside of the illusory field in which we all live, sometimes referred to as "the MATRIX".

This disc neutralizes/eliminates all forces that are here with the mission to "keep things the same". This is a huge topic, too big to talk about here, but every major problem the world is facing now and has always faced has always revolved around this issue. It reminds me of the funny line that says that says, "no one likes change except a wet baby". How true this is.

Think about it.

Hasn't this been the cause of all world wars? People are people. They don't like change, and they like to keep things the same. This disc allows the free flow of information in all forms...inner sight, inner hearing, feelings, visions, hunches or ideas.

### **Biotheric M BAL**

This biotheric disc balances the numerous acupuncture points and meridians in the body. This disc can be used by itself by those wanting to balance their points, or, can be used by those receiving treatment from an acupuncture doctor.

### **Biotheric MEMBRANE**

Restores normal energy flow to and around the cell membrane

### **Biotheric MEME RELEASE**

I have to apologize, but it would take an entire book to explain this disc. This is the most important concept to understand. Where does disease start? What is the true root cause of every issue that exists?

This won't make sense at this point, hopefully it will make it into the book I'm writing, so I will just throw it out there. Everything starts out with your worldview.

That's it! Not melodramatic, but that's it. It's the trickle-down effect. This disc helps balance several world view or thought-form type issues by supplying what is called a prayer/command affirmation. These frequencies, when used over a period of time can help loosen the grip that some of these limiting thoughts can have on one's life.

These types of imbalances affect basically everything about you and your life: your income, your career, your health, your emotions, your relationships, how you think, love and interact with other people. And this is only a partial list! We can't go into where all your world-views came from here, but using this disc can help bring some order within your Biotheric Field.

### **Biotheric MENO**

During menopause, many women have various issues. There are certain imbalances that can be found in the Biotheric Field which will need balancing. Obviously, there are other modalities that could be used along with this disc.

### **Biotheric MIASM**

This is basically an entire set of discs that have been imprinted to help balance the various miasms.

### **Biotheric MICRO C**

This disc can augment the function of the Biotheric circulation discs...CIRC and CIRCUFLOW.

### **Biotheric MIDLINE**

Helpful disc in implementing various energetic balancing systems, such as a technique taught by Kam Yuen and others.

### **Biotheric MIND**

This disc works well in helping ease various limitations, negative emotions, bad memories, destructive or inappropriate belief patterns, general stress patterns, and various environmental stressors. This disc is in the meditation disc series of Biotheric Discs.

### **Biotheric MITO (3)**

This disc balances the energy around the mitochondria of the body

### **Biotheric MLR 4**

This disc is sometimes needed to assist the GB DTX and GB BAL discs.

### **Biotheric MM**

Clears the energy fields around the mucous membranes of the body

### **Biotheric MONEY DISC (2)**

This disc can add various kinds of information to the biofield in order to support allowing the flow of abundance into one's field.

### **Biotheric MOOD LIFT**

Everyone feels the blues once in a while. This disc can have an energetically uplifting effect on the biotheric field.

### **Biotheric MOSQUITO**

Clears toxic frequencies and energy patterns associated with pesticides

### **Biotheric MOTIV**

Sometimes we can enhance our lives in a positive way that we wouldn't normally think of as being an imbalance. Energetic imbalances are behind everything. Just imagine becoming a master at putting your ideas into action. Imagine becoming MORE motivated every time an obstacle pops up that would sabotage anyone else. This disc will help you achieve your goals. This disc has mainly been imprinted with the frequencies of various flower essences that will assist one with motivation.

### **Biotheric M TONE**

Energetically re-tones the energetic support fields of all the muscles.

### **Biotheric MUSCLE BALANCE (3)**

This disc energetically coordinates the energy field that's found around the organs, thereby harmonizes muscles, posture, etc.

### **Biotheric MusGen**

This disc affects the Biotheric field in such a way as to support various musculo-skeletal issues. This would be used to augment any type of muscle pain, discomfort, injury, etc. By clearing the field of various toxic frequencies, muscle repair can be assisted.

### **Biotheric MYCO-B**

This disc clears the frequency patterns of certain types of bacteria from the Bio Field.

### **Biotheric MYCO-T**

This disc clears the frequency patterns of certain types of fungi/mold from the Bio Field.

### **Biotheric NEGATIVE**

This disc has an impact on the energy fields around the body that involve the effects of negative thinking, negative interdimensional “hitchhiking” frequencies, as well as negative thoughts from other people.

### **Biotheric NEGATIVE IMPRINTS**

This disc is involved with various belief patterns that we’ve taken on our whole lives since birth. These beliefs can be either conscious or unconscious. In other words, you may not feel you have negative imprints because they are beyond your conscious awareness. But they are in there.

They can very quietly steer you AWAY from opportunities and TOWARDS poor choices. And after it’s happened you won’t know what the heck just happened and you will vow to never make that mistake again. And then later down the road you’ll do it again.

A few of the common patterns that this disc addresses are: “I can never get ahead”, “money does not come easy”, “you can’t have your cake and eat it too”, and pretty much anything someone you once looked up to that told you something that was not correct, but you believed them, because of the position of power or authority they were in.

This disc helps you release, let go of, and forgive any and all decisions, commands, words, vows, phrases, beliefs, opinions or judgements that have held you back in any way that did not allow you to reach your fullest potential, either physically, mentally or spiritually.

### **Biotheric NEI GONG**

This disc creates a vortex that pulls in energies from Prime Source using what’s called an incorruptible White Light Vortex with the intention to search, remove, and clear all restrictions, connections and roots of whatever issues are going in the biotheric field of where ever the disc is placed.

### **Biotheric NervGen**

This disc is similar to the MusGen disc, except it balances the Biotheric field around the nerves.

### **Biotheric NeuroTrans**

This disc has frequencies that have a balancing effect upon the various transmitters of the body. Any imbalance in the body that involves a possible neurotransmitter issue, such as mood issues, anxiety, sadness, etc. will also have an associated imbalance in the Biotheric field.

### **Biotheric NEXT STEP**

This disc will help those with having trouble taking the next step in their lives. This disc is sometimes used along with PROCRAST N8 and ThyGen

### **Biotheric NK CELLS**

This disc can be used along with the IMMUNE discs.

### **Biotheric Non Local Replicator**

This disc was created for Certified Coaches to use to help others from a distance.

### **Biotheric NO (200)**

This disc balances the energy fields associated with Nitric Oxide

### **Biotheric NRG RAKE**

Some Biotheric discs should be used every day. This is one of those. Throughout the day we all “pick up” what many refer to as “energetic junk”. This primer isn’t the place to cover all these negative energies. Let’s just look at it this way.

No one has any problem cleaning their teeth 2-3 times a day, or taking a shower every day in order to be clean. But, since the Biotheric Field is invisible, we tend to ignore it. This isn’t a good idea.

### **Biotheric NUTRIES**

Contains all the frequencies of all known nutrients, vitamins, minerals, and amino acids

### **Biotheric ORAL TX 15**

This is one of our Biotheric discs that address energy imbalances within the field of the teeth and gums. It can be used just before the dental visit, then immediately after the visit. This disc is an excellent detoxifier of the Biotheric field of the teeth, gums, mouth, tonsils, lymph nodes, etc.

### **Biotheric OVERWHELMED**

We have all experienced on occasion that feeling of being overwhelmed. You feel lost and unsure of what to do next. It’s a different feeling of being stressed, though it’s similar.

This disc contains 27 energy patterns of various flower essences that will ease the oppressive feeling of being overwhelmed and send this chaotic energy through a christed grid.

### **Biotheric PARA (2)**

Depending upon whose research you look at, parasites are many times the “snake in the wood pile”. By that I mean that when someone is ill there may be numerous causes discovered. However, the true underlying cause may actually be parasites.

This disc can be used along with any other anti-parasite protocol in order to clear the Biotheric field of the energy patterns of over 40 common parasites. Parasites, just like any other living organism has a Biotheric field.

When parasites become an issue in the body, the usual approach is to take something orally that will kill them or cause them to leave the body. That approach is fine, but if the toxic field that the parasite left behind is not cleared, more parasites will follow.

### **Biotheric PARA SYM**

Balances the energy fields surrounding the various regions that make up the parasympathetic nervous system.

### **Biotheric P BALANCE (1-4)**

Obviously, pain isn't a disease, it's a symptom. It's your body's way of getting your attention that something is wrong somewhere. This particular disc set can be used along with other modalities to help correct the energetic side of pain.

### **Biotheric P.E.G.**

This disc only works when placed on the body for exactly 12 min. It's called a Portable Energy Gate. It is placed over any area that requires an increase flow of Light. It creates a vortex of Light that passes into the Biotheric field and simply keeps going until it pops out on the other side. And how does one know where to place the disc? Where ever the person feels some kind of pain, twinge, or sensation anywhere on the body. It could be over a knee, your stomach, your forehead, etc. If you have three areas of discomfort, 3 discs can be used simultaneously.

### **Biotheric PEST**

This will clear the frequencies in the Biotheric field that resonate with several common pesticides and herbicides.

### **Biotheric PHASE I Over**

If you ask the right people they will tell you that the liver is almost always involved in any health problem. This is an important disc because it addresses various issues that can be found within the Biotheric field of the liver. To get the most from the Biotheric liver discs, one would need to consult with a certified Biotheric Health Coach.

### **Biotheric PHASE I Under**

If you ask the right people they will tell you that the liver is almost always involved in any health problem. This is an important disc because it addresses various issues that can be found within the Biotheric field of the liver. To get the most from the Biotheric liver discs, one would need to consult with a certified Biotheric Health Coach.

### **Biotheric PHASE II**

If you ask the right people they will tell you that the liver is almost always involved in any health problem. This is an important disc because it addresses various issues that can be found within

the Biotheric field of the liver. To get the most from the Biotheric liver discs, one would need to consult with a certified Biotheric Health Coach.

### **Biotheric PILOT WAVE**

It could be said that the idea of the pilot wave is a very new idea, and at the same time is a very old idea. Many forward thinking people today who enjoy such topics as quantum physics have heard of the concept that we “get back what we give out”. One common phrase we’ve all heard is, “what goes around, comes around”. It’s based on the idea that we create our own reality in part through our beliefs, thoughts and emotions. These two phrases may help explain this a little better: “The universe is constantly rearranging itself to accommodate our picture of reality”. Another more light-hearted phrase is: Your imagination is the preview to your upcoming attractions”.

Even though we go through each day and simply accept everything that happens to us and everything that comes within our experience, some believe that some of the things, bad, annoying, etc., could have been avoided.

Some believe that we all send out a pilot wave that flows ahead of us and re-orders, so to speak, our reality to some degree. We’re not saying that absolutely EVERYTHING will be re-ordered, but much of the “stuff” that you experience everyday was directly related to the information stored within your pilot wave.

This disc has imprints of various information packets that set a type of precedent for a list of various probabilities of impending future events that can be altered BEFORE you even leave the house. This disc can be carried in one’s pocket every day and even placed under your pillow each night.

### **Biotheric PIN**

This disc helps balance the energy field around the pineal gland

### **Biotheric PITUITARY (2)**

The biotheric field that surrounds the prostate can be balanced using this disc.

### **Biotheric PLANE**

This disc helps transmute some of the more common chemical frequencies found within the air within commercial aircraft

### **Biotheric PRBL SOLVER**

This disc is to be used in meditation. One benefit of meditation is that it quiets the mind and outside static or “white noise” that can sometimes interfere with gaining insights through our intuition.

There are numerous causes for this interference. It can be very frustration sitting quietly in meditation waiting for some kind of guidance or help with a certain situation and nothing comes in. Sometimes one can almost see or feel the answer, but it stays just out of reach. The other name this disc goes by is the Biotheric Clear Channel.

### **Biotheric PRELIM**

This disc can be used every day. Each time we set out to make a change in our lives, either on the energetic level or any other level for that matter, it is very common to have a very deep, subtle thought form that says to us in a very tiny voice, “hey, be careful, it might not be safe to change”.

If this is an issue for you, you may notice that various steps you might take to make a positive change in your life fail. It may work fantastic for someone else, but mysteriously, not for you. Many find it helpful to zap the energy of this disc into their field for 10 sec. before proceeding with any other balancing discs, or any other treatment for that matter.

### **Biotheric PROCRAST N8**

This disc contains frequencies from 14 flower essences, as well as 11 gem stones and 4 different essential oils. There are numerous tricks of the trade out there to help one get back on track and stop putting things off, and energy medicine should definitely be one of the tools you look into.

### **Biotheric PROGEST**

This disc can be used in women who are experiencing hormone imbalances of various kinds. It balances frequency patterns that are associated with such issues.

### **Biotheric PROLO**

This is like an energetic, subtle body biotheric injection. Whenever there is an area of discomfort, such as an injury, or joint or muscle problem, a physician will occasionally choose to use something called prolotherapy. This disc is the biotheric version.

Any area of the body experiencing discomfort would indicate a distortion of the biotheric field in that area as well. This disc can be used with numerous other discs, such as the INJ and biofield joint discs. It can be placed over the area of involvement and left there for approximately 15 min. It can also be beamed in with the Biotheric Energy Transmitter. It's like giving yourself an energy injection into the biotheric field.

### **Biotheric PROSTATE**

The biotheric field that surrounds the prostate can be balanced using this disc.

### **Biotheric PROTECT**

This disc is probably best used by carrying it with you 24/7, preferably in a left had side pocket. There are numerous disruptive energy assaults that can take place that can have a negative effect on our Biotheric Field. Naturally, these imbalances can be cleared using numerous techniques that have been around for centuries.

There is nothing new with the concept of keeping the aura cleansed at all times. The NRG RAKE (energy rake) disc can sweep the aura and remove non-supportive patterns from our field. However, what about prevention? That's always a good idea. It's kind of like an energy medicine insurance policy.

I've noticed that people who know how to clean their auras seem to forget to do it regularly. If it's not done daily, then what good is it? The answer is the Biotheric PROTECT disc. So just what does this disc cover?

This disc contains the frequencies of 16 different flower essences that clear and protect our biofield, such as Mountain Pennyroyal, Yerba Santa, and Pink Yarrow.

It contains numerous subtle energy signatures that neutralize HAARP, E.M.F., WiFi, fluorescent lights, various external environmental toxins and stressors, electronic requests are sent to the higher self to phase conjugate, or block, all foreign vibrational transmissions that are inhibiting ones natural balance in any way or ones ability to detect foreign energies within the energy field.

One frequency very clearly states that your personal biofield is sovereign space and that you DO NOT give permission to receive any non-supportive, self-limiting, toxic, negative transmissions from ANYONE for ANY REASON that is not here in Light and Love and for your most benevolent outcome. Finally, this disc even covers possible incoming energies that fall within the realm of attacks.

For example, several frequencies basically ask that the Powers of the Light provide protection against 'psychic attack' and 'psychic energy draining' from any source and it further ensures that all negative cords connecting to these energies are permanently cut and healed, with unconditional love, forgiveness and no judgment.

### **Biotheric P STONE**

When balancing the liver or gallbladder biotheric fields, always consider using this disc. Various frequency imbalances will occur within the field around the liver and gallbladder which run concurrent and support stone formation.

If you do a little research on the internet and read about stones from a holistic medicine perspective, especially from Hulda Clark, Hazel Parcells, Hanna Kroeger and others, you will learn that stones are EXTREMELY common. This condition is even becoming common now in children. Regular liver/gallbladder flushes throughout the year are very helpful.

### **Biotheric PSY REV**

These are some of the most important discs. Why? Because, for any of us to make a change in our lives of any kind and on any level, we have to be free of all sabotage patterns. Just imagine, you decide to start some kind of healing program for yourself. It involves foods, nutritional supplements, doctor visits, perhaps an exercise program, etc.

You then begin eating foods that will not help you, but you think they will, because you studied several books and internet articles, all of which were the wrong ones. You start using various nutritional supplements that you decided would be of value, yet you were basically attracted to the wrong ones and pushed away from the wrong ones.

And when you looked at a list of doctors, you were repelled from the ones that could have helped you and you were drawn towards the ones who couldn't help you.

Sound like science fiction? Not hardly. Study up on two topics on the internet: neurological switching and psychological reversal.

Scientists suspect that we all suffer from this off and on. Some say 40% of us have it. The problem starts when some people seem to stay in this state. Here is a questionnaire that can give you a hint if this disc might possibly be appropriate for you:

1. You've noticed you have repeating life patterns
2. You suspect that you are unlucky.
  3. You tend to have a pronounced resistance to change
  4. You experience persistent emotional issues
  5. Health protocols that seem to work for others don't work for you
  6. Every time things start working out for you, (health, relationships, money), it flops
  7. You sometimes feel like a little saboteur is always following you around
  8. You've experienced events in your life that you've never gotten over
  9. Frequently, you find yourself saying, "Why is this happening to me again?"
  10. You suspect that things are probably not going to get any better for you
  11. You've had times where you put up with hostile, toxic situations longer than you should have
  12. You've had times when you were not true to yourself, because it threatened someone else
  13. You've done things unethical or that were not in alignment with your true self
  14. You worry a lot because it keeps you on your toes: you don't want to be caught off guard
  15. You experience guilt pretty much all the time
  16. You think, why try helping myself, it will just fail like it always does.
17. You feel "stuck" a lot of the time
  18. You don't seem to have the motivation you feel you need to get things done
  19. A part of me wants things better, but another part of me is comfortable with the way things are
  20. You catch yourself saying: "Why bother?"
  21. You are aware of some bad habits you'd like to start working on
22. You have trouble reaching goals
23. You seem to procrastinate a lot
  24. You consistently make dumb mistakes
25. You struggle with addictions
  26. You tend to always see the glass half empty
  27. You have health issues that you've had for a long time
28. You have compulsive thoughts
  29. You have cravings that aren't good for you
  30. You seem to always be in some kind of spiritual turmoil

### **Biotheric Qi Gong (4 discs)**

These discs create a healing field around those with the need or desire to balance their energy field. These discs will impact the aura, the chakras, as well as the meridians.

## **Biotheric QIT**

This disc is placed over the Heart Chakra or third eye along with some form of information media for around 20 min. Place the information, such as a book, article, D.V.D., C.D., cassette tape, etc. in your left hand, or on your chest, then place the disc in left hand or on chest. or on your third eye and info on chest, or, the disc on top of the media, then place in left hand, or simply use the disc alone so it accesses “all that” within the morphogenetic field.

This disc has an extremely complex set of energetic formulas that communicates with what is referred to by many as the body’s “inner knower”.

The disc makes available an array of imprinted information that asks the body’s inner knower to simply scan and match up any and all primary or major energy imbalances with any and all known systems that can have an energetic effect upon the biotheric field, such as frequencies, patterns, colors, multi-dimensional healing codes, corrections, numbers, sequences geometric shapes, remedies, essences, pathogen detoxifiers, toxins/poisons detoxifiers, homeostasis disruptor antidotes, affirmations, essential oils, prayers, gem stones, and nutritional supplements.

This can be classified as a very powerful, focused, directed energy balancing meditation

## **Biotheric RAD**

Time does not need to be spent educating people about radiation dangers. The problem is, very few understand how pervasive it is. There are no simple, inexpensive medical tests available that can tell us about radiation toxins and body burden, unless of course an unlucky soul becomes serious exposed to very high levels of radiation. Sickness and even death can ensue in just weeks or even days. But what about subtle, sub-clinical microscopic level?

Because of radiation, like heavy metals, is accumulative, it always behooves one to cleanse themselves regularly. There are numerous techniques available on line: herbs, bath soaks, etc.

This disc should always be included. It can be used in two ways.

One can imprint a gallon of water for 10 min., then dump this into a bath for soaking, or, can be taken orally by imprinting a one ounce shot glass of water and taken three times daily for 30 days.

## **Biotheric RATES**

This is a very special disc that is created specifically for each individual utilizing a list of several hundred frequencies.

## **Biotheric RECAL**

This disc assists pathways in an energetic balancing way to help re-calcify bone loss. This is done by restoring normal energy patterns within the Biotheric Field around various tissues in the body.

## **Biotheric REFLEX**

This disc is used to imprint any kind of oil, cream, lotion, etc. that a person may have at home. After sitting the tube or bottle on this disc overnight, simply apply the cream or lotion on the feet.

The energy in the cream/lotion will energetically exert a balancing effect on all of the foot and hand reflex zones that have been shown to correlate with various organs and tissues in the body.

## **Biotheric REGRET**

We all have regrets. We've all done things we wish we hadn't have done. And, we can always think of things we SHOULD have done or COULD have done and didn't.

Hindsight is 20/20 as they say, but on a subconscious level, having regrets about things I our past can create negative thought patterns that can affect our self-esteem.

There are numerous frequencies from flower essences that have been used in the past to ease the discomfort of regret. This disc contains the frequencies of 28 of these essences.

### **Biotheric REHY**

There have been many articles written about dehydration. It's been said that most people are dehydrated o some level.

This is a serious issue, not only because subclinical dehydration can cause over 50 different symptoms, but also because our cells do not function well when dehydrated. Everyone knows how serious advanced dehydration is. We can only go without water for just a few days before death ensues.

What people DO NOT get is, subclinical dehydration is also dangerous in its own way. Please do your research on line about how common and important this problem is. Now what can you do about it? Obviously, step one is drink more water. However, there is much more to this story. Many people drink lots of water every day and they are STILL dehydrated. Why? Because they aren't absorbing and utilizing the water they drink. The water is simple going in and right back out again.

One easy way to detect subclinical dehydration has been around for years and appears to be accurate. First, find someone who is competent or secure in performing Muscle Response Analysis. An excellent beginners book is available on line as an ebook, called Exploring the Language of Your Inner Healer: A Guide to Muscle Response Analysis.

A muscle that tests strong will immediately weaken if you tug on the short hairs on the back of the head just above the back of the neck when a person is dehydrated. I've used this technique for years. How many people flunk this test? Nine out of ten.

That's how common dehydration is.

I mentioned that step one is drinking more water, but I also said that absorption is also a problem. There are numerous fixes for this. One solution is the Biotheric REHYDRATION Disc. By placing a glass of water on this disc, or, by beaming the energy of the disc into a glass of water using the B.E.T., the structure of the water is changed and absorption is improved.

About 20% of the people that do this also notice that the water tastes different. The general term for this is called re-structuring water. There are also some water filters that can re-structure water. It's like you are making the water wetter. For ongoing good health, drinking structured water is very important.

### **Biotheric RELEASE**

This disc is used to remove various types of implants

## **Biotheric R & R**

This disc works with the stored information within auric field structures (biotheric and exotheric force fields of the body) to aid in the release of nonproduction energies help within oaths, pacts, vows, contracts, promises, agreements, etc.

## **Biotheric RESILIENCE**

Helps one deal with stress and bounce back from adversity. Allows one to become more flexible and adaptable to change.

## **Biotheric RINGS**

This disc energetically balances specific groups of acupoints that have a global effect upon the entire biofield of the body.

## **Biotheric ROULEAUX**

This disc corrects energy imbalances associated with Rouleaux formation.

## **Biotheric RSNT**

The emotion of resentment is a very toxic emotion. This disc clears these frequencies from the biotheric field. This disc contains the frequencies of 14 homeopathic remedies, one cell salt, one affirmation, and 3 flower essences.

## **Biotheric SADNESS #1**

We have all experienced sadness from time to time. There are certain disruptive and toxic frequencies that can be cleared from the Biotheric Field during these times. This disc can be used along with Biotheric SADNESS #2

## **Biotheric SADNESS #2**

We have all experienced sadness from time to time. There are certain disruptive and toxic frequencies that can be cleared from the Biotheric Field during these times. This disc can be used along with Biotheric SADNESS #1

## **Biotheric SAMADHI**

This is another one of our discs that are designed to be used with meditation. The state of Samadhi is where the mind becomes perfectly still and the person becomes totally aware of the present moment. Obviously, no disc can “make” someone experience Samadhi, but this disc has frequencies that can be placed into the subtle fields that will assist in balancing the frequencies of various biochemical compounds and pathways, thus making the meditation session more fruitful. The electromagnetic imprints of dopamine, G.A.B.A., endorphin, serotonin, D.H.E.A., oxytocin, and H.G.H. are some of the patterns used.

## **Biotheric S & N**

This disc can be used to assist and support the biofields around the spine and the nerves of the spine.

## **Biotheric SCAR**

This disc deals with scar interference. Scars can be very dangerous for many reasons. First of all, it's again one of those things that seem very unimportant.

Most people judge a problem based on pain or discomfort. If something isn't hurting it ends up and the very bottom of the health hierarchy. Trouble is, scar tissue can block energy flow.

I'm talking about the life force that travels through the meridians.

Think of it this way, if your brain or liver is supposed to be receiving 100% of all the energy it needs to function properly, and all of a sudden, it starts getting 75%, do you think that's a good thing? What will you feel or notice? Probably nothing.

That's what makes scars so dangerous. Someone trained in scar evaluation should be called upon and every single scar should be assessed. It makes absolutely no difference how old a scar it. It could be 50 years old and causing some kind of trouble in the body.

And many times there are scars that we've forgotten about. For example, your belly button is a scar. A circumcision is a scar. Every time you have had a tooth pulled there is a scar at the root of where the tooth was.

And, you can also have adhesions inside the body, which a kind of like internal scar tissue formation. This also counts. Numerous protocols exist for scar neutralization and this disc can be a very helpful adjunct.

## **Biotheric SELF-JUDGEMENT**

People have written about judgement for thousands of years. But when speaking about judgement in relation to health, we need to talk about energy flow.

Energy must flow to us unimpeded for us to stay healthy. A good analogy is a free flowing river. The water flows from point "A" to point "B", nourishing flowers, plants and trees downstream. But what happens if that river is dammed up by, say, a tree that falls across the river?

The flowers, plants and trees will dehydrate and become diseased or worse. This disc is about self-judgement. The second we judge ourselves we block energy in our bodies. More specifically, our very foundation symbolically represented by our hips actually become un-level. This can actually be measured. I have demonstrated this many times, even during seminars.

I would first ask for anyone who picks on themselves a lot to raise their hand. I would then have the test subject lay on a table.

I would measure their leg lengths and also test the strength of some of the more common muscles of each leg. Invariably, one side would not only be too short, the muscles on that side would be very weak. I would then have them use the Biotheric Self-Judgement disc. Within

seconds all imbalances are cleared. The leg that was too short is now even with the other leg. And all the weak muscles have now strengthened.

And as the grand finale, I have the person speak some degrading, judgmental, negative comments about themselves. And the people in the class are always spellbound as they see that the person's muscles have all weakened once again. Words are powerful. Judgement blocks energy flow in our bodies, just like the fallen tree that blocked the river.

This pattern can also chain react and causes various muscle weaknesses to occur, which in turn can not only affect the hip joint, but the knee joint, ankle, low back, neck, etc. In time, the person can begin experiencing symptoms almost anywhere in the body, including fatigue, digestive disorders, etc. And even though there are probably a hundred things they could do to "feel better", what is the true ROOT cause? Self-judgment. This disc, when used properly can change the imbalances in the biofield that were set up by the person judging themselves.

I have personally observed on many occasions times people who were in pain stand up and say with a rather astonished look on their face, "Oh my God, my pain is gone". Sometimes it can be just that fast.

**SUMMARY:** Obviously, we all get judgmental about ourselves from time to time. However, there are some that pick on themselves un-mercilessly.

The moment we send out a self-judging thought we instantaneously create an imbalance with ourselves within the Universe. This can translate into issues that can affect us physically, emotionally, financially, etc.

### **Biotheric SGLS**

With every disorder there is always a disturbance in the biotheric field that is unique and can be associated with that particular disorder. Balancing the field is always a wise thing to do. Shingles is a common skin eruption that brings with it much pain.

This disc is a good adjunct in tackling this sometimes stubborn problem. This disc contains the electromagnetic imprints of several homeopathic remedies that have been used for almost 200 years. The sooner this disc is implemented, the better.

### **Biotheric SHAMAN ASSIST**

This is another disc that can be used with meditation. It contains the frequencies of 36 different herbs that can assist in aiding the journey in moving ones awareness from this realm to the next.

### **Biotheric SHAME**

This disc contains the frequencies of 10 different flower essences and 2 gem stones. By using this disc, the Higher Self will begin to pull up and clear from the past issues and events that have occurred in your life, for which you may be, conscious or subconsciously, beating yourself up. Life in general can sometimes pound on us from time to time, but the last thing we need is to actually beat up on ourselves. These patterns will melt away.

### **Biotheric SHOULDER**

This disc balances the Biotheric Field around the shoulder.

### **Biotheric SHU (250)**

Helps balance out all of the special acupuncture points called SHU points

### **Biotheric SINUS #1**

This disc involves imbalances in the Biotheric Field around the sinus cavities. The sinuses are one of the most important areas to look at in chronic health issues of all kinds. And unfortunately, it's the one area that 99% of the people have no interest in. This is a dangerous mistake, except for pharmaceutical sales. Why is this? Because 99% of the people focus ONLY on symptoms.

We've all been brain washed with this mantra: "if it ain't broke, don't fix it!" Every single disease, no matter which one you can mention starts out small, and then grows. It's just the way it works. Trauma is the exception. You can feel great one minute, and terrible the next when trauma is concerned.

But all other health issues start out small, then gradually get bigger. And whether you are talking about a leaky faucet, or smoke coming from the center of a large forest, or a train with no brakes speeding towards the station, something nasty is coming. It's not a matter of "if", it's a matter of "when". So basically, the only time someone actually takes action against a health issue is when it reaches or breaches their own personal, imaginary "inconvenience" line. We all have one of these.

In my practice it was always a challenge to figure out how painful a certain part of the body was when interviewing a male, macho-type patients. I would ask, does it hurt? They'd say no. I'd ask, are you in pain?

They'd say no. I'd say, does it pinch? They'd say no. I'd say, are you experiencing discomfort? They'd say no. Now I knew they had pain, but I had to find what word they were comfortable with.

And yes, I understand that everyone has a different pain threshold. Also, there is monetary reasons why some people put off seeing a doctor as well as the concept that only whiny people go to doctors. It's better to just "tough it out".

So there are many reasons why people wait too late to tackle a problem. Now why are sinuses so important? Well, here's the deal. Many sinus issues create no symptoms. And if they do, many people will either put up with it, or purchase over the counter products. Massive, full-blown fulminating sinus infections are serious and require a visit to your doctor. But these are not common. The issue with sinuses involves a condition known as a "focal disturbance".

A focal disturbance is a small pocket of super-toxic materials, including various pathogens like bacteria, virus and fungus. A focus can exist almost anywhere and can be any size. It's not unusual to find that the very tiniest foci are actually the most nasty.

A focus is very sneaky.

A focus can cause a symptom somewhere in the body at a great distance from the focus. This can happen in two ways. First, a focus can affect acupuncture meridian energy flow.

As an example, let's look at the maxillary sinuses, one of the 4 different pairs of sinuses that we have. This sinus is located below your eyes and can occasionally become tender with a bad cold or flu attack.

When this sinus becomes a focus, it may produce no symptoms in that area. However, through a complex energy-reflex, the maxillary sinuses can produce issues in the upper molars, lower premolars, lymph vessels, testes, ovaries, spleen, pancreas, stomach and breast tissue.

Have you ever heard the phrase, "snake in the woodpile" The meaning of this phrase represents the idea that, like a snake, the true problem can be in the background causing trouble. And if you look over here, the snake is over there. If you look over there, the snake goes back into hiding.

The over-riding theme is, that the REAL culprit or trouble maker is not easy to see or discover and everyone keeps blaming the most visible. A focus is just like that snake. You can waste a lot of energy, time and money trying to treat the outward symptom, when in reality, you should be going after that snake. And eventually, what do you think the final outcome is? Do you think people die every day from a condition that was actually being generated by a distant focus? What do you think? So as I mentioned above, I said that a focus can an issue at a distant through disturbing the energy flow within the meridians. So what's the second example?

The answer is toxins. And these toxins are many times extremely virulent. These toxins very slowly leak and leach into the blood stream and lymphatic system, which gets carried to other areas all over the body. They are not ordinary toxins, they are "super" toxins and are very dangerous. I've seen this in my practice literally hundreds of times. A patient comes in with a problem of some kind. They've been treating it for months or even years. I suspect a focus. After a lengthy evaluation I do indeed find a focus. I suggest we tackle that focus. The patient routinely expresses their doubt. They say they can't believe how the area where I want to treat could possibly be their problem, but, they figure trying something completely different just might be worth a try. The next time I see the patient their problem is either gone or substantially improved. Magic? Not hardly. And I've saved the best for last.

Most foci develop in the head. And the sinuses and teeth are the most common areas. Ever hear of the movie "Snakes on a Plane"?

## **Biotheric SINUS #2**

This disc can be used alone, or, can be used adjunctively with the SINUSES #1 disc.

## **Biotheric SIS**

This disc balances energy fields around the small intestine

## **Biotheric SKIN-Oral**

This disc makes up part of the nonsurgical face lift protocol

## **Biotheric SKIN-Topical**

This disc makes up part of the nonsurgical face lift protocol

## **Biotheric SOR ICE**

This disc can be used to clear various toxic energy patterns from one's biotheric field when the symptoms of psoriasis are present.

## **Biotheric SOUL PRINT**

This disc is one of our meditation discs. When used properly, this disc aids in removing negative ancestral, generational and cultural imprints that may be blocking ones natural energy to manifest, neutralize childhood imprints limiting soul expression, remove various childhood stories sabotaging in nature, various soul contracts for debt and struggle, and about seven other self-limiting patterns that can become trapped within our fields and hold us back without us even knowing it.

## **Biotheric SOURCE TRANSFER**

This disc can be very helpful at times. This disc must be used with the B.E.T. device. The disc can be placed on top of books, pages in a book, diagrams, C.D.s, D.V.D.s, computer monitor screens, rates, numbers, shapes, symbols, glyphs, colors, supplements (the physical material, or, just the name or label), magazines, photos, cassette tapes, herbs, acupuncture points or meridians, representations of chakras, foods, etc. that you have determined would have a healing effect on you or another.

Then, when the B.E.T. is placed on a pre-selected area of your body, or the body of someone else's, the disc will scan all frequency patterns that it has been placed on, then prioritize all helpful components and pieces of information that resonates with the person being balanced, then, transmit over to the B.E.T. the frequency pattern that will have the LARGEST impact and success of moving the person towards a healthy, happy state of wellness.

Transmission need only be 15 sec, in most cases. Always check. The B.E.T. can be placed up against acupuncture points, organ reflex points, chakras, even against water or food.

## **Biotheric STAGNATION**

This disc can be used along with the Biotheric STASIS disc and uses the energetic imprints of several Chinese herbs and acupoints to create a harmonizing effect upon the energetic stature of the blood.

## **Biotheric Start the Day #1**

This disc is part of the Start the Day Set that was designed to be used once every morning. Each disc addresses universal issues that are extremely common across the board with most people, AND, if not addressed, will causes numerous wellness issues. As with all the Start the Day discs, this disc can be used singly, but is best used along with the other 3 discs. Specifically, this disc has frequencies for the Biotheric Field of each organ and meridian.

## **Biotheric Start the Day #2**

This disc is part of the Start the Day Set that was designed to be used once every morning. Each disc addresses universal issues that are extremely common across the board with most people, AND, if not addressed, will causes numerous wellness issues.

As with all the Start the Day discs, this disc can be used singly, but is best used along with the other 3 discs. Specifically, this disc balances the frequencies of all cell salts, all chakras and rays.

### **Biotheric Start the Day #3**

This disc is part of the Start the Day Set that was designed to be used once every morning. Each disc addresses universal issues that are extremely common across the board with most people, AND, if not addressed, will cause numerous wellness issues.

As with all the Start the Day discs, this disc can be used singly, but is best used along with the other 3 discs. Specifically, this disc clears toxic frequencies from each individual organ system Biotheric Field.

### **Biotheric Start the Day #4**

This disc is part of the Start the Day Set that was designed to be used once every morning. Each disc addresses universal issues that are extremely common across the board with most people, AND, if not addressed, will cause numerous wellness issues. As with all the Start the Day discs, this disc can be used singly, but is best used along with the other 3 discs.

Specifically, this disc addresses 14 different issues, including the following: has a general balancing effect on the meridians and chakras, helps screen out negative emotions, trauma, pollutants, chemicals and man-made electromagnetic energy fields, subliminal programming and symbolism, supports our positive personality attributes and balances the negative aspects,

Ensures all interactions throughout the day between the body's Subtle Organizing Energy Fields and tachyon energy lead to the harmonization and evolution of the Subtle Energy Organizing Fields rather than destabilization and decay, assesses the 'pilot wave' (the vibrational frequency we put out ahead of us that attracts people, events and situations into our lives), and cleanse this wave of any negative energies and emotions.

### **Biotheric STASIS**

This disc can be used along with the Biotheric STAGNATION disc and has a balancing effect around various energy points around the body that can affect the energetic stature of the blood.

### **Biotheric STOMACH 1 and 2**

These discs balance the Biotheric Field around the stomach.

### **Biotheric STRESS PRO**

This disc can be used with or instead of STRESS #1 or #2. The medical community has been reporting now for many years that stress is a component in almost every single disease known to man. It's a huge issue, and yet, I very rarely see anyone actually doing anything about it, other than the various organizations that are attempting to educate people on stress.

Stress is insidious and dangerous and is too often ignored. Everyone has heard of stress, and, most people will admit that they have stress in their lives, but they tend to see it as something they just have to live with. Another common remark I would here from people is, "What am I supposed to do?" An internet search on stress will yield about 640 million websites.

And consider this, Time magazine's June 6, 1983 cover story called stress "The Epidemic of the Eighties" and referred to it as our leading health problem. I think it's safe to assume that stress is worse today than it was in '83.

There can be little doubt that the situation has progressively worsened since then. Numerous surveys confirm that adult Americans perceive they are under much more stress than a decade or two ago. . It has been estimated that up to 90 percent of all visits to primary care physicians are for stress related problems. And remember, all of these people didn't walk in and say, hey doc, I have too much stress.

They came in with cancer, ulcers, digestive issues such as G.E.R.D., infections, chronic pain syndromes, weakened immune systems, headaches, arthritis, heart and circulation problems. Every patient that I saw filled out a 30 page history form. One question asked them about stress.

The question was structured by asking them to choose from 0 to 10, on how well are they handling the stress that they are presently having. Most patients chose routinely chose very low numbers. The internet is rife with hundreds of solutions to lowering stress.

I have a feeling that they all have something positive to offer. And like all health issues, there are various frequencies and subtle energy imbalances that can be found in the Biotheric Field. This disc, as well as STRESS #1 and #2 can be very powerful adjuncts.

All of the Stress discs attempt to address some of the root causes of stress which we feel can be found in the Biotheric Field, and various frequencies have been chosen from flower essences, homeopathic frequencies, nutritional frequencies, supportive affirmations, gems stone and Fibonacci Sequences, cell salt frequencies, glandular frequencies and various hormone and neurotransmitter frequencies.

### **Biotheric STRESS #1**

See STRESS PRO. This Biotheric disc can be taken with or instead of STRESS PRO or STRESS #2. The B.E.A.T. (Biotheric Energy Assessment Test) might be appropriate in this case. It's possible to actually benefit from using all three of the stress formulas. These discs balance the parts of the Biotheric Field that are associated with people that need stress support. Obviously, there are hundreds of things to try out there for stress. Combine whatever your intuition guides you to.

### **Biotheric STRESS #2**

See STRESS PRO. This Biotheric disc can be taken with or instead of STRESS PRO or STRESS #1. The B.E.A.T. (Biotheric Energy Assessment Test) might be appropriate in this case. It's possible to actually benefit from using all three of the stress formulas.

These discs balance the parts of the Biotheric Field that are associated with people that need stress support. Obviously, there are hundreds of things to try out there for stress. Combine whatever your intuition guides you to.

### **Biotheric STUCK**

I could almost argue that this disc is one of the most important. For example, what if a person feels stuck in their life and can't seem to reach out to do anything for themselves? Has this ever happened to you? Most all of us have experienced a time when we knew we needed to act, but

just couldn't. We were stuck. A person can become stuck for a few days, a few weeks, even months or years. This disc contains frequencies of various gem stones and flower essence, along

with special digitized frequencies of some various powerful affirmations that can help get one un-stuck. (please see Monograph #1409 for a more in-depth discussion of this disc)

**Biotheric SUFFERING** This disc contains frequencies of various gem stones and flower essence, along with special digitized frequencies of some various powerful affirmations that can help one gradually see why they may be suffering.

There are many theories on why we suffer, but no many protocols that can actually have an impact on this issue in a positive manner. (please see Monograph #1407 for a more in-depth discussion of this disc.)

### **Biotheric SWITCHED**

Sometimes our nervous system becomes disorganized. This can affect our coordination and mental acuity. It's believed by many that some of the more common causes for a switching problem can be improper foods, allergies, medications/recreational drugs or air/water pollutants. One common issue noted can be the feeling of conflict or indecision between what you want and What you think you should want.

You can find yourself doing something that isn't exactly good for you, but somehow feels right"

for you, but somehow it "feels right".

Some people will tend to be bothered or "haunted" by unresolved stressful experiences that happened in the past. Sometimes ones negative expectations become self-fulfilling prophecies. Another symptom can sometimes involve various forms of dyslexia. The person tends to consistently reverse numbers and will invariably turn right when someone says, "turn left".

A sure sign that one is switched is the habit of constantly bumping into tables, chairs and door jams. On an emotional note, one can have a quick temper or mood changes. You may be switched if you've been diagnosed with A.D.D./A.D H.D.

### **Biotheric T BOOST (5)**

Each disc performs a specific energy functibased on Norm Shealey's work

### **Biotheric T CHAIN**

Provides energetic support to the Electron Transport Chain

### **Biotheric TH1**

This disc helps address any energy imbalances within the biofield that may be associated with any issue involving inflammation. It can be used along with the Biotheric INFL disc. Inflammation is definitely a good thing, but not when it's too intense, or hangs around too long.

### **Biotheric THAL**

This disc helps to balance the energy fields around the thalamus

## **Biotheric THORACIC**

This disc is very similar to the CERVICAL disc that balances the field around the neck, except it addresses the midback area, especially between the shoulder blades.

## **Biotheric ThyGen**

The Biotheric Field of the thyroid gland is addressed by this disc. There has been much controversy over those with thyroid problems and numerous authors have written on this topic just in the last 10 years.

Some of the controversy centers around how to diagnose hypothyroidism. The most common statistic shows that 27 million people have low thyroid function and that 50-60% of those do not even know they have low thyroid. Part of the problem, from an energy medicine standpoint is, blood tests don't always tell the whole story. Of course, that's never a reason not to keep up on your blood work.

When I was just starting out in practice I drew blood from almost all of my patients. Blood can be a valuable diagnostic tool, but it shouldn't be solely relied upon to make the diagnosis. Also, it can alert you to a major imbalance, but it doesn't really tell you the ROOT cause. In the case of hypothyroid, blood tests routinely miss patients with low thyroid. There are numerous protocols available to those with low functioning thyroid. Adding in this disc will help cover all the bases, namely, balance the Biotheric Field around the thyroid gland.

## **Biotheric TINN**

Ringings in the ears can be a huge problem for some people. There is no one answer for this, but this disc includes many helpful frequencies that can deal with any associative imbalances in the Biotheric Field of those with tinnitus.

## **Biotheric TIRED**

This disc balances frequencies and neutralizes toxic patterns in the Biotheric Field in those that have short or long term wellness issues revolving around low energy. This disc is what we call a foundation disc, meaning, other discs will need to be used along with this disc.

## **Biotheric T MEM**

This disc is a possible partner that could be used with the Biotheric INJ disc. Whenever we are injured, we usually don't have to really do anything for the healing process to start. The body just "does it!"

However, sometimes the healing process starts occurring, then all of a sudden it stops. It's EXTREMELY common for people to have an injury heal 80 or so percent, then stop. Just about everyone will say, hey, I'm happy with the 80, I don't need 100%.

I'm just glad to have the 80%. Again, this small booklet isn't the place to explain what's wrong with that way of thinking. Let's just say that, as we age, all those injuries we've had in our life time seem to catch up with us. And at that time, reversing the problem is going to be much more

difficult to resolve. When we injure ourselves, the Biotheric Field is injured as well. The body uses that field as a template with which to heal.

Have you ever seen Kirlian photography pictures of a leaf that was photographed before and after being cut in two with a pair of scissors? If you photograph a leaf immediately after being cut in two, the photograph will show the outline of a full, complete, uncut leaf. And amazingly, this experiment has even been done with people who have lost a limb.

One reason why someone may have discomfort of some kind involving an OLD injury, is because they did not have COMPLETE healing. And one reason this might happen is, there has been partial healing of the imbalance that occurred in the Biotheric Field at the time of the injury.

This disc can be used to balance this problem within the field. When this energy imbalance is corrected, the body can now heal fully, like it has always known how to do. It's not uncommon to use this disc along with the INJ disc.

### **Biotheric TMJ**

People that have TMJ problems are out there in large numbers. It is basically an issue with the jaw joint. This certainly doesn't sound like a big deal, unless, of course, you have the problem.

TMJ problems may require one or more of these professionals: a dentist, an orthodontist, a medical doctor, a nutritionist, an acupuncturist, a psychologist, and/or a chiropractor. See, I told you TMJ can be complex. This disc is excellent in clearing and balancing any and all issues within the Biotheric Field that surrounds each of your T.M.J.s.

And please don't make the mistake of thinking that if your jaw joint doesn't hurt you don't need to explore TMJ imbalances. Pain is just one of many issues that can come about when the jaw joints are not balanced.

### **Biotheric TOB**

There are many tricks people have had success with when it came to giving up smoking. This is an energy medicine approach to that issue. It can be used alone, or, along with other stop-smoking protocols.

### **Biotheric TOPICALS (12)**

Quite simply, there are occasions when extra support is needed for an energy field that surrounds a particular organ. With these discs one can actually imprint whatever lotion, cream etc. that one may already have at home.

Then, by applying this newly imprinted lotion/cream and rubbing into various acupuncture points (imprinting takes about 12 hours), an energetic balancing will take place around that particular organ. There are 12 different Biotheric TOPICALS: EYES, EARS, CIRCULATION, HORMONES, KIDNEY FIELDS, LUNG FIELDS, LIVER FIELD, LYMPH FIELD, MALE/FEMALE, NERVE FIELDS, PANCREAS FIELD, STOMACH/INTESTINE FIELDS. The most convenient times to apply is before bed and first thing upon awakening.

### **Biotheric T POINTS**

This disc can be helpful in clearing any frequencies that are present with something called trigger points. The words “trigger points” may be new to you, but I guarantee you probably have them. Ask any massage therapist, chiropractor or physical therapist and they will tell you all about trigger points. Trigger points are small knots or nodules that usually appear in muscles, though, they can be found in other places.

They can be the size of a garden pea, the size of a nickel and everything in between. When they are pressed upon or stretched they produce pain in the muscles. Massage therapists can spend all day working on trigger points.

There are many treatments and protocols available for trigger points. One approach involves an energy medicine approach called the Biotheric T Point disc.

One simple method is to place your favorite essential oil or massage lotion on top of the disc overnight. Then, you can rub the oil or lotion into any sore muscles that have trigger points. The frequencies in the oil/lotion will affect the Biotheric Field of the muscle.

The oil and massaging helps the muscle, the frequencies help the energy field. The disc can be used over and over. This can be an excellent tool for massage therapists, chiropractors, etc.

### **Biotheric T.P.S.**

Addresses the energetic side of the T.P. system

### **Biotheric TRANS-LINK**

This disc is best used when placed next to the computer of those who are using the S.R.C. software. According to some that have the gift of clairvoyant sight have observed that the transmission from the S.R.C. can be intercepted, interrupted, blocked, or otherwise tampered with. There are numerous reasons why a person may not feel improvement from an S.R.C. session and this can be one of those reasons.

### **Biotheric TRAVEL**

This disc is excellent to travel with. There are various frequencies that can invade our Biotheric Fields when we are traveling to other countries, through airports and in cramped jet planes.

### **Biotheric TRUST (HOPE)**

Can be used during meditation, or carried as a catalyst in assisting the state of trust.

### **Biotheric T.W.D.**

This disc balances the energy fields around the lining of the small intestine. Can many times be used along with the Biotheric LG disc.

### **Biotheric UNCERTAIN**

Helps those who are holding back and not moving forward due to some imagined fear to move ahead and get something accomplished

### **Biotheric UNIVERSAL**

Touches on and clears pretty much everything.

### **Biotheric VALVES**

The imprinted frequencies in this disc balance the biotheric field around various valves in the body, such as the Ileo-cecal valve, Houston's valve, the pyloric valve, the L.E.S., and the sphincter of Oddi.

### **Biotheric VID**

Some toxic frequencies can be present especially in children. This disc can detox these childhood frequencies.

### **Biotheric VIR**

This disc helps clear the imbalance energetics that accompany viral issues

### **Biotheric VM BAL**

Everything in the world has a specific frequency. This would also apply to vitamins and minerals that are found in the body.

### **Biotheric VV (2)**

This disc balances the Biotheric Field around varicose veins. It can be used to imprint an essential oil or lotion of your choice. Then, that oil/lotion can be applied to the varicose veins 3 times a day.

### **Biotheric WARTS**

Every issue has its own unique electromagnetic signature, even warts. This disc will balance the field of those suffering from warts.

### **Biotheric WHY BOTHER**

Helps one clear and process various issues affecting the energy field of the body which can have the effect of creating a feeling of wanting to just "give up". Aids with motivation

### **Biotheric WORK OUT POST**

This disc can be used AFTER any kind of strenuous workout, such as weight lifting, running, etc.

### **Biotheric WORK OUT PRE (300)**

This disc can be used BEFORE any kind of strenuous workout, such as weight lifting, running, etc.

### **Biotheric WORTHY**

This disc contains specially coded frequencies from various gem stones and flower essences to help us work with and work through any feelings of unworthiness.

### **Biotheric WORRY**

This disc clears any frequencies in the Biotheric Field that are associated with worry. Worry is something we all do from time to time, but chronic worry can kill us. Worry tears down the immune system, drains our energy, creates imbalance in our hormone systems, keeps us stuck in the past, thus not allowing us to move forward, and many, many other things. This disc can be carried, or used to make imprinted water balancers.

### **Biotheric WRINKLES**

This disc can be used as a tandem disc along with the Face-Lift series, or, can be used alone

### **Biotheric WRIST**

Whenever there is an issue of some kind with a joint, the biotheric field around that joint will need balancing. This disc has numerous frequencies matched to various homeopathic remedies. Some companion support discs one might consider would be Biotheric INFL, TH1, Joint Infl, JointGen, Arth-Rheum or Arth-Sys.

### **Biotheric “X” DISC**

This novel little disc can be placed on any kind of issue written down on a piece of paper and can, in a general way, “X” out the root cause on the purely energetic level.

### **Biotheric YY (306)**

The concept of Yin Yang is very old, very basic, and very powerful. Perhaps you are familiar with the Yin Yang sign? You’ve probably seen it. It dates back to 700 B.C.E. It is a circle that is half black and half white with a tiny white dot in the black portion and a tiny black dot in the white portion, suggesting that nothing is totally black or white in life.

It’s possible to literally write an entire book just on this symbol, but let’s keep it simple. I like to think of a teeter-totter (see-saw). When one end goes up, the other end goes down. A healthy body is a balanced body. There are hundreds of compounds, chemicals and hormones in the body that need to be in a balanced state. Too much or too little will spell trouble.

When healthy, the Yin and Yang in the body are balanced: the teeter-totter is in the middle. But if one end goes too far up or down, we get sick. When we get a lab test we may find that some chemical, hormone, function or nutrient is either higher than it should be or lower than it should be. There are actually hundreds of examples, but just to name a few, think about thyroid hormone too low, blood pressure too high, cholesterol too high, testosterone too low.

It’s all about balance.

This disc has 27 different frequencies from various homeopathic medicines that help balance the yin-yang balance within the biotheric field of the body.

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agency. This information should not be interpreted as a substitute for a physician's evaluation, nor should it be used to provide or confirm a medical diagnosis. This information is not intended to prevent, treat, mitigate or cure any condition. Any mention of specific body parts, organs, diseases or disorders are subtle energy references and are of a descriptive nature only. These terms are representations of energetic signatures occurring in the Biotheric Field AROUND various organs and tissues (biotheric and exotheric force fields) and are not meant to refer to any actual, physical body parts, organs, diseases or disorders.

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## *The Science of Imprint Technology: A Promise For A Better World*

I can't tell you how many books have been written and seminars conducted on the topic of thinking outside the box. Since creativity can many times be translated into millions of dollars, corporations encourage their employees in charge of research and development to think outside of the box. Where would Apple, Facebook, or Amazon be without creativity. Unfortunately, scientists many times have trouble doing this. They can plod along at a snail's pace, painstakingly moving from point "A" to point "B", to point "C", on their way to point "Z", with large smiles on their faces, apparently enjoying the process I suppose. And if someone were to suggest that it just might be possible to go from point "A" to point "Z"...well, forget it. You'll be branded as some kind of unscientific heretic!

Now let's talk about water. Surely, scientists know everything there is to know about water, right? It's a solvent, it sustains life, it can exist as a solid, liquid and gas, and it is made up of molecules consisting of hydrogen atoms and oxygen atoms. But do scientists believe that water has memory? Well, they didn't use to, but most are rapidly changing their minds.

Unfortunately, some scientists choose to conduct business inside that proverbial box we mentioned earlier. Many have tried to get the scientists attention, but all their pleading fell on deaf ears. For many years the mainstream scientific community has not had instrumentation sophisticated enough to prove that water has memory. Keep in mind, it was scientists who didn't believe in bacteria until the microscope was invented. They didn't believe in viruses until the electron microscope was invented. Therefore, they have always taken the stand that it isn't real.

Meanwhile, the people's suffering has continued and the world has continued to be cheated out of what many prominent researches are saying is perhaps one of the greatest discoveries that man has ever made. The repercussions are staggering. When the negativity and egotistical bickering finally abates, the world will be changed forever.

### CHEMISTS VERSUS PHYSICISTS

No question, chemistry is important. We are all better off because of the wonderful discoveries of chemistry. But water memory can only be understood by physics. At the risk of oversimplification, here is the major issue (or at least one of them.) Water, or good old H<sub>2</sub>O is made of molecules made up of hydrogen atoms and oxygen atoms. For every oxygen atom there are two hydrogen atoms attached.

These molecules are capable of bumping into each other and forming clusters, or brand new structures (with various shapes and sizes.) Chemists and even old-school physicists say that this happens, but they say these structures do not last. Finally, research tools have now reached a level of sophistication necessary to prove once and for all ...molecules can indeed create permanent structures. Not only does this prove how homeopathic medicines work, but further, it opens the door to a powerful, new science that has the potential of transforming the world. And this is exactly where Quantum Care R & D steps onto the world stage. Thanks to a lot of hard work and some "higher guidance" along the way, Quantum Care R & D has developed a technology that is like none other. One of the latest innovations is Biotheric Discs. When water is placed on top of these very special discs, something amazing happens. The programming that was in the disc now resides within the water. This disc has been electronically enhanced with a state-of-the-art proprietary system that encodes specific harmonics that will activate and assist the body's own inherent self-healing mechanisms by acting as an energetic template, which the body can read. When placed into water, the water will retain, or "remember" this program almost indefinitely.

It's been found that for any part of the body to be restored, there must be several coherent connections between the brain, the conscious and subconscious mind, and the nervous system. If this communication pathway becomes blocked or impeded for any reason, the body may not actually take the necessary steps to heal itself. It either does not know there is a problem, or, it can't get the job done due to the communication issues alluded to above.

We've all experienced this, by the way. We've either had an injury that did not heal to its full 100% level, or, we know people who have developed some kind of infirmity that has been

around for many years. The human body is absolutely a self-healing mechanism...no question about it. So why does the body start to heal something, then just stop?

And how about this question...scientists tell us that every 7 years you have a brand new body...every cell (with a few exceptions) have be replaced. They even tell us we get a brand new stomach lining every 5 days. So how could anyone have stomach ulcers for longer than 5 days? How could anyone have ANY disease past the 7 year mark?

As we've mentioned earlier, the body knows how to heal everything and will, unless there is an issue with cellular communication. Every time you take a dose of water programmed (imprinted) by a Biotheric Disc, depending upon what the product was designed to do, it's like you are holding up a little sign that says, "Hey body...I couldn't help but notice that you are doing this.... (fill in this blank with any number of health issues)....but you could be doing this (getting well, healing, etc.). The body can actually "read" the information in the water and then, eventually, (sometimes instantly, sometimes a few weeks later) restore the organ or tissue in question.

All healing is always done BY the body...the Biotheric Disc is merely a tiny, little whisper in the body's ear.

Have you ever heard the phrase, "whispering loudly"? How about the phrase, "God's small voice"? This concept has been around since the beginning of time and I would like to explore this concept a little further. It all revolves around the concept of "big is not better".

For 43 years Edgar Cayce would lay down one or more times a day and take a nap. When Edgar would wake up, in his head was information that had just somehow "dropped in". He would then give his client not only a diagnosis of their illness at near 100% accuracy, but he would give the solution to the problem. People came from all over the world to see him with everything from minor complaints to life-threatening diseases. He worked with kings, queens, high-ranking generals, even a few presidents and senators. He even predicted his own death. On Jan. 1<sup>st</sup> he said he'd be buried in 4 days. He died of a stroke on Jan. 3<sup>rd</sup>, 1945.

You may not have heard of Srinivasa Ramanujan. He was a brilliant mathematician from India. A very prominent English mathematician G.H.Hardy recognized his genius and invited him to Cambridge University in England to study. There, Ramanujan published over 30 papers and was inducted into the Royal Society. On his death bed he wrote down some mathematical functions that came to him in a dream. Now, 100 years later, researchers have just now figured out what he was talking about and have proved his equations were correct. Mathematicians have

said that he was decades ahead of his time and they have no idea how he came up with these equations, which are now used by physicists to help explain how the universe works.

Where did this information come from: the information that came to Edgar Cayce and Srinivasa Ramanujan? Even though they were definitely brilliant men, especially Ramanujan, did they really use their left-brain thinking capacity to do all these amazing things?

Many years ago physicians began discovering that electricity could be used to help the body heal. The amount of current that used to be used was measured in milliamps. In other words, thousandths of an amp. Many years later, Dr. Wing discovered the power of microamps. The instruments he invented are still in use today by physical therapists, and acupuncturists all over the world. This modality is generically referred to as micro-current therapy. Apparently, the healing results were much more powerful when millionths of an amp were used in treating the human body. We now know that all the cells of your body actually communicate using an electrical current that is measured in billionths of an amp and even smaller. I'll cover this a little later. When too much power is used, the body, instead of accepting the current tends to reject it.

Let's think about meditation for a moment. Of the many benefits of meditation, one of the most important is the ability to receive clear information about what is going on in your life. As we all know, everyone has made poor choices in their lives. This is really just part of being human. However, your "inner knower" never makes mistakes. Everyone has many names for this inner knower...that small still voice that is within us all. Some names are: the subconscious mind, God, Source, Higher Self, guardian angel, spirit guide, etc. So whether this wonderful asset is inside us, outside of us, or both, the question one may ask is...if we all have access to this all-knowing, all-seeing oracle, why do so many people make poor choices. There are probably many correct answers, but one of the main reasons is that it isn't always easy to hear the information that comes in. It's not like God sends you an email, or that your Higher Self calls your cell phone to give you some guidance on a particular topic.

If you ask someone how meditation works, they will tell you that by becoming perfectly still and quiet, the mind-chatter subsides and they can then hear that little voice that is all-knowing and that has many names, as we mentioned earlier.

Now earlier I did mention that even though we all have that "inner knower" within us all, most people will make poor choices every now and then. One problem is that most people don't meditate. Even though this definitely is a problem, it is by no means the only reason we have

communication issues as I like to refer to them. Remember, I mentioned earlier that cellular communication is one of the major reasons we don't heal.

One of the really huge reasons, and I think maybe the biggest reason we don't heal is that, due to several factors which I'm going to explain in a moment...it's not that we don't take the time to listen, it's because we CAN'T hear. And the reason for this is almost always due to an energy-based blockage which I call an ANTI-PATTERN.

You see, the dictionary describes the word abundance as, "an ample amount". From a human standpoint most look at abundance as a state of having an ample amount of money, good health, rewarding relationships, and a spiritual state of happiness, bliss, serenity, etc. I like to look at it this way: way up above our heads is a giant faucet which delivers abundance in all its forms to us on a continual basis. And even though it seems like there are days when that faucet is wide open and other days when the faucet is closed down to just a tiny trickle, in reality, that faucet is always wide open...for everyone...always!

But, as one of my favorite radio personalities, Paul Harvey use to say every day when he'd give his radio spot called, "And now, the rest of the story".....there is a little more to this faucet metaphor. Fortunately, or unfortunately, there is a second faucet. This second faucet is hooked up in line with the first faucet that controls the flow of abundance to each and every one of us. And this faucet is only rarely in the fully open position. In fact, for most people this faucet is almost closed off completely. And take a wild guess who controls this faucet? That's right...YOU do. And because of how we have chosen to interact in this 3-D world, when something isn't going right for us, for example, career issues, money issues, work issues, health issues, relationship issues, etc., it looks EXACTLY like something needs to be changed or addressed EXTERNALLY: it appears like it's the government's fault, our spouse's fault, a relative or friend's fault, our boss's fault, our neighbor's fault, etc. It looks real, feels real, sounds real, tastes real, and smells real....but it's not.

I believe that we all, like Edgar Cayce have an "inner knower", a friend that can give us guidance, but we have trouble hearing because the communication pathways are blocked by anti-patterns. Anti-patterns exist in a non-conscious realm. They can be negative emotions, they can be a limiting beliefs, they can be a part of you that is sometimes referred to as your Ego. Whatever name you use, these anti-patterns will make your life miserable.

These anti-patters can be eliminated by many methods and techniques, but it isn't always easy. These energetic patterns operate on a level that is usually totally beyond your

awareness. They may have been with you for months, even years and may have been installed or created as early as in the womb, or even before in many cases.

So as you see now, you have basically four things to consider:

- 1<sup>st</sup> you need to educate yourself and come to an understanding that these anti-patterns are quite real and need to be addressed if you want to enjoy abundance on any meaningful level in your life.
- 2<sup>nd</sup> you need to understand that you cannot and will not EVER “figure this all out” by using the thinking portion of your brain, the so-called analytical left brain. I don’t care if you have an I.Q. that rivals Einstein’s and you read 25 self-help books a week, it won’t work.
- 3<sup>rd</sup> Anti-patterns exist in areas of your body that are “beyond your awareness”, not only the unconscious mind, but much more importantly, in the vast, multi-layered energy field that surrounds your body, sometimes referred to as your biofield, or information field.
- 4<sup>th</sup> Due to several mechanisms which are beyond the scope of this paper, in order to eliminate anti-patterns, an energetic equivalent must be used. In other words, they need to be erased using technology that, like them, are “beyond your awareness”, in order to prevent self-sabotage, which is always a present reality.

Sometimes the tape recorder analogy is helpful. A tape recorder has a little piece of electronics that can read electromagnetic imprints (tape recorder language) based on the particular patterns of metal particles (iron oxide) that have been glued to a thin piece of plastic tape. When you speak information into the microphone these iron oxide crystals somehow arrange themselves in certain configurations and then this is stored on the tape in the form of energy, if you will. When that tape is “presented” to another little electronic gizmo, it converts that magnetic pattern back into words that you can hear. The tape becomes a template that can be read by the tape recorder, just like me holding up a road sign or “template” along the side of the road that you can read as you drive by. After going through a rather lengthy research and development period, a specific formula (road sign) is downloaded (imprinted) into crystals (what is known as a Biotheric Disc. This disc can then be used to imprint water. Since water has memory, that information will not leave that water until it is taken in and “read” by the body. Through repetition, the body eventually initiates a healing response, once it understands and accepts the information presented to it that’s been imprinted into the water.

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