

LIVER MERIDIAN

Allowing, promoting or creating distractions
Anger blocked by fear

Co-dependent because of feelings of low self-esteem
Composed emotionally, especially at home.
Conscientious, reliable 9806387
Contentious for no reason
Crying for “no reason,” as evidence of inability to match thoughts with feelings

Depressed 30758721
Dispirited Whining and complaining, ineffectual complaints

Emotional contraction
Emotional outbursts at home 79855942
Enthusiasm as an end in itself, “bigger is better, more is better

Feeling satisfied here in 3D 72664601
Feeling unacknowledged
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Feelings of low self-esteem color every decision and action 78649426
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Forbearance 62361965
Frustrated, discontented, dissatisfied because cannot achieve clarity on feelings
Frustration 786054763

Having an ailment to talk about is better than having nothing at all to talk about.
Healthy assertion of own views

Imbalances are not conscious; they are primarily subconscious, in the feeling zone.
Inability to connect thoughts with feelings and feelings with thoughts
Insolence 78017391
Inspirational youthful vitality and resilience
Intellectually arrogant
Irrationality

Lack of foresight and planning.

Looks for clarity on self from the outside, from others.

Loss of physical and emotional stamina due to suppressed liver

Mental flexibility 86066854

Motivation 8185881

Need to cultivate sensitivity to unfinished grief and sadness

Need to shout, need for cathartic release 3937263

Numb to toxic elements, toxic emotions, toxic persons and environmental toxins

Open, healthy optimism and enthusiasm of teenage years

Openness to other's point of view, works well with others 80459595

Orderly movement between energy and matter

Over-achieving

Pathetic contraction of all expansive forces 9544168

Pliant to personal changes 74724425

Polite self-assertiveness

Projection and transference of emotions and motivations, onto others.

Raging like a storm at sea towards anyone and everyone present, due to frustration and angst

Ready to forgive & forget difficulties

Repetition of dysfunctional cultural traditions

Repetition of dysfunctional family history

Scatter, doing too much

Suffers toxic people and environments in silence

Travels round and around in feelings of low self-esteem, stuck in the gut brain, stuck in feelings

Trusting 77951207

Unable to match feelings with thoughts in a healthy, balanced dance

Unable to rise up into clarity and perspective on own feelings.

Unexamined discontentment & dissatisfaction
Unexamined frustration
unexamined jealousy
Unexamined toxicity affecting self & others 3738757
Unexamined, unresolved feelings
Unexplained dizziness
Unfocused wrath
Unwillingness to face the real causes of angry feelings
Utter despair

Whining and complaining about how bad things are
Whining and complaining about how bad things are and how they don't get better
Withholding all feelings as has no clarity on them