

FEAR

FROM THE ENCYCLOPEDIA OF AILMENTS AND DISEASES by Jacques Martel

afraid 4271513

anxiety 2798705

anxiety about an imaginary danger 3586085

courage 609087460

discouraged 4816549

enthusiasm 54954736

fear increases the likelihood that everything I apprehend will occur 67600301

fears control my life 88422834

incapable of being detached 70919441

kidneys 8021757

panic attacks 3105406

pride 9871452

resolution 1354145

the fear of dying 9900874

vulnerability 61882988

worry 30366522

Nei Gong

fear becomes so real that whole body reacts

fear controls my reasoning power

fear of a sickness is the determining factor in making it appear

I have let go of my power

I no longer have any points of reference

Incapable of being neutral

Inner state of constant imbalance

More focused on what others expect than my own needs

sometimes feel I am going crazy

the fear of criticism

the fear of illness

the fear of losing the love of a loved one

the fear of old age

the fear of poverty

Shen

I ACCEPT RIGHT NOW TO REPLACE FEAR WITH TRUST. I HAVE FULL POWER OVER MY LIFE. I ALWAYS ASK TO BE GUIDED AND PROTECTED IN THE ACTIONS I MUST TAKE OR THE WORDS I MUST SAY FOR THE WELL-BEING OF ALL. THE SAME APPLIES FOR MY FAMILY AND ALL THE PERSONS I LOVE.