

## **GINGIVITUS**

Blocks to self- expression 84422641  
Dissatisfied 54870014  
Distress 967005070  
Fear 980217851  
Fear of authority decisions 69693961  
Feel that what I am saying is not important 75956970  
Frustrated 73881673  
Gingivitis 2323686  
Indecisiveness 86551338  
Infection 61214990  
Inner strength effected by present reality 70324795  
Leave the past behind 74248052  
Melancholy 64457417  
My gums are awash in the tears of my teeth386802  
Receding gums 4920458  
Self -doubt 3793703  
Someone has acted too fast and this irritates me 85242854  
Stress related to role in society 3454464  
Tormented over decisions 72906705

## **Nei Gong**

Care so much about being accepted by others that I am too flexible  
Care so much about being accepted by others that I am too understanding  
Care so much about being accepted by others that I put aside personal needs  
Care too much about being accepted by others  
Criticize instead of moving ahead  
Difficulty in sticking with decisions  
Feel powerless  
Feel what I am saying is unimportant and I will not be listened to  
I am feeling fear

I have no control over the decisions of authority figures

Lassitude

Loss of joy over not being able to express myself

My foundations are collapsing

Poor self defense

Sadness over not being able to express myself

Stress related to work

Unnecessary confrontations

## **Shen**

Learn to express fear in order to avoid inflammation in gums

I CAN TAKE A MOMENT OF SILENCE WITH MYSELF TO RECOVER MY STRENGTH. I BECOME AWARE OF THE FACT THAT EACH EVENT OF MY LIFE IS THERE TO MAKE ME GROW AND THAT ANY IMPORTANT CHANGE IS NECESSARY FOR ME TO ACHIEVE THE GOALS I HAVE SET FOR MYSELF. I ACCEPT MY TRUE WORTH AND I MOVE AHEAD IN LIFE WITH DETERMINATION