

GUM DISORDERS

Upper gums are related to male energy and the father

Lower gums are related to female energy and the mother

abscess 8148321

afraid of losing love 68217058

bleeding gums 7285792

disappointment 680198707

doubts 5208447

emotional sensitivity 796635571

emotionally estranged 9917301

get rid of inner suffering at all costs 71940320

guilt 4113722

gums 4021339

indecision 1538776

insecurity 66974496

lack of love 63401881

next step 62263853

procrastination 5663730

sorrow 691859

uncertainty about my future 83054361

vulnerability 61882988

Nei gong

feel stuck with a person or situation because I persist in living in the past

feel vulnerable about the limits I have imposed on myself and about my capacity for discerning what is good for me and what isn't

feel resourceless and left to my own devices
resent myself for some of my words
stress related to a decision I should have made a long time ago and keep putting off
passive state of fear
the words I speak carry no weight
often angry with myself
difficult to set limits
emotionally estranged from mother
long repressed negative emotions
loss of joy over decisions about which I feel torn and tormented
intense emotional pain about the emotional nourishment that I need and feel I am lacking

Shen

support my decisions and their consequences

I ACCEPT TO ASSERT MYSELF AND TO HAVE MORE SELF-CONFIDENCE BECAUSE THE GUMS SUPPORT THE TEETH, WHICH IN TURN ARE LINKED TO DECISIONS. I LEARN TO TRUST MYSELF IN THE DECISIONS I MAKE AND I ALSO TRUST IN LIFE THAT BRINGS ME EVERYTHING I NEED. I THUS BECOME MORE TRULY MYSELF AND I LEARN TO ASSERT MYSELF FREELY. I AM CONSISTENT IN MY ACTIONS. I LOOK AT REALITY FACE ON, LETTING GO OF MY PAST AND CONFIDENT ABOUT WHAT THE FUTURE HOLDS FOR ME.

BLEEDING GUMS

Insecurity and doubt about a decision I must make

Loss of joy

Regrets

I find it difficult to be firm in my decisions

Feel my freedom is under attack

Feel helpless

Hold others responsible for my discomfort

I TAKE MY RESPONSIBILITIES AND I CALMLY ACCEPT THE CHANGES THAT OCCUR IN MY LIFE. I TRUST MYSELF BECAUSE I KNOW THAT THE CHOICES I MAKE ARE THERE TO MAKE ME GROW FURTHER AND ENABLE ME TO PURSUE MY DEVELOPMENT.